

Short Film Screening & Discussion

Date: 18th September 2025

Time: 9:30 AM – 11:45 AM

Venue: TAG Auditorium, MSSW

Organised by: Department of Psychology – B.Sc. Program, Madras School of Social Work

Forum: Elysium

Report:

Elysium of the Department of Psychology (B.Sc. Program) organized a **Short Film Screening and Discussion** on 18th September 2025 at the TAG Auditorium. The event aimed to raise awareness about suicide, strengthen mental health advocacy, and promote help-seeking behaviors among students.

The program began with the screening of selected short films that portrayed the emotional, behavioral, and social struggles commonly experienced by individuals at risk of suicide. These films explored themes such as loneliness, academic pressure, bullying, family conflict, unprocessed trauma, and the silent suffering often masked behind functional appearances. The visual narratives were powerful, relatable, and designed to encourage empathy and reflection.

Following the screening, a guided group discussion was conducted to help students process the content, connect it to real-world challenges, and understand the importance of early intervention. Participants discussed warning signs, myths surrounding suicide, barriers to seeking support, and the role of friends, teachers, and community members in identifying distress. The discussion also highlighted coping strategies, support systems within the campus, and the importance of destigmatizing mental health struggles.

The event successfully engaged the audience, fostering open conversations about emotional pain, resilience, and the need for compassionate listening. By combining visual storytelling with reflective dialogue, the program contributed meaningfully to suicide prevention efforts and reinforced the significance of awareness, empathy, and timely support in saving lives.