

SEEMA SUNNY (+91 9495331765)

Assistant Professor,

Department of Social Work (MSW- Mental Health),

Madras School of Social Work(Autonomous), Chennai

seema@mssw.in, seemrobin@gmail.com



My Profile

Knowledgeable and talented social work academician with more than 19 years of experience in delivering a range of programs of teaching for students. Skilled in building teams, implementing, and coordinating college extension activities. Expertise in counselling and field work supervision and dissertations.

Work Experience

- **13 years' teaching experience in St. Thomas College (Autonomous), Thrissur, Kerala** from June 2010 to March 2023 as HOD & Assistant Professor.
- **4 years teaching experience in Vimala College (Autonomous), Thrissur, Kerala** from March 2006 to March 2010 as Lecturer under Innovative Programme – Teaching & Research in Interdisciplinary and Emerging Areas
- **1.5 years' experience in Ansar Women's College, Perumpilavu** as Lecturer and NSS program officer

Paper presentations.

- Mapping the problems faced by Transgender Community at the two-day International Conference on Global Perspectives on Gender Based Violence-Intersectionality & Interdisciplinary Space (Revisiting Literature, Media, & Society) on December 05 & 06, 2024 organised by the Department of English, REVA University, Bangalore, India in association with Lakehead University, Ontario, Canada.
- Internet addiction among Youth in the two-day National Conference on Youth Development sponsored by ICSSR at RGNIYD on March 24 & 25, 2023
- Perception of adolescents about family dynamics in the two-day National Conference on Youth Development sponsored by ICSSR at RGNIYD on March 24 & 25, 2023
- Frustration Intolerance and self-esteem in the two-day National Conference on Youth Development sponsored by ICSSR at RGNIYD on March 24 & 25, 2023

- Academic Resilience and Perceived Social Support during COVID 19 organised by the Department of Social Work, Rajagiri College of Social Sciences on July 23, 2020.
- Best Counselling Practices in the National Conference on Counselling Practices in Christian Higher Education organized by Center for Counselling and Health Services, Christ (Deemed to be University). Bangalore on February 15 & 16, 2019.

Research Course

- Health Research Fundamentals (NPTEL online certification FDP) by ICMR-NIE from January to March 2024 (8 weeks course)
- NPTEL Course on Scientific Writing in Health Research by ICMR-National Institute of Epidemiology, June 2025

Research Publications

- Academic Resilience and Perceived Social Support during COVID 19 on Compendium – A compendium of evidence based social work education and practice by Bonfring Publishers, Pg -9, 2020

Research Expertise

- Monitoring and Evaluation of implementation of Right to Education Act in Thrissur District, Kerala Child Rights Commission from November 2015 to March 2016.
- Coastal Need Assessment Survey- Socio economic assessment of Kudumbasree members of 5 selected coastal panchayats, Kudumbasree District Mission, Thrissur
- Annual Status of Education Report (2018,2019 & 2023)
- Stress management Study among police personnel in Thrissur District, Kerala

Certificate Courses

- Workshop on ‘Promotion of Mental Health & Psychological Well-Being using Life Skills Approach’ conducted by Department of Psychiatric Social Work, National Institute of Mental Health and Neuro Sciences (NIMHANS) from 13 to 15 January, 2025
- One week FDP course FDP on Digital Pedagogy: ICT & AI assisted teaching in-line with OBE & NEP organized by Internal Quality Assurance Cell (IQAC) of St. James College of Nursing and St. James College of Pharmaceutical Sciences, Chalakudy in association with The Kerala State Higher Education Council (KSHEC) from 29 May to 05 June 2024 (7 Days)

- Certificate Course in Trauma Informed Care in Mental Health Services organized by Banyan Academy of Leadership and Management (BALM) from 23 Nov to 21 Dec 2024
- One week FDP course on Outcome Based Education and Application of Generative AI in Teaching and Research organized by Internal Quality Assurance Cell (IQAC) of Gauhati University, Assam in association with ipsr solutions limited from 17 April to 24 April 2024
- NPTEL online certification - 8 Weeks FDP course on Enhancing Soft Skills and Personality by Indian Institute of Technology, Kanpur from February to April 2024