

Dr. S. SUDARMATHY MSW, M.Phil, Ph.D
Program Head
Department of Social Work (BSW)
Madras School of Social Work
Mobile No. 7708875651
Email: sudarmathy@mssw.in



EDUCATION:

- *Ph.D., Social Work, December 2022*, Madras School of Social Work. Area of Research: Social Work Competence
- Post Graduation: *M.Phil in Social Work*, (Medical and Psychiatry), *May 2009* Madurai Kamaraj University, Madurai.
- Post Graduation: *Master of Social Work*, (Medical and Psychiatry), *May 2008* Madurai Kamaraj University, Madurai.
- Graduation: *Bachelor of Arts in Social Sciences May 2006* Lady Doak College, Madurai
- *12th Standard, April 2004 – Noyes Matriculation Higher Secondary School, Madurai*
- *10th Standard, April 2002 - Noyes Matriculation Higher Secondary School, Madurai*

QUALIFICATION FOR TEACHING

UGC-NET (National Eligibility Test), Social Work, (June 2012).

WORK EXPERIENCE:

- Worked as *Lecturer at Fatima College*, Madurai (2009 – 2010)
- Worked as **project Co-ordinator (Short Stay Home for Street Children Project)** at UDAVI, Chennai. (2010 – 2013).
- Work Experience Assistant Professor – June 2013 – till date U.G. Department of Social Work, Madras School of Social Work

Subjects Taught:

- Introduction to Social Work
- Social Work Profession
- Stress Management
- Sustainable Tourism & Social Work
- Social Work Practice with Individuals and Groups – I
- Social Work Practice with Individuals and Groups – II
- Communication for Social Work
- Social Work with Elderly
- Social Work in Health Care
- Social Case Work

- Social Group Work
- Disability

ADMINISTRATIVE EXPERIENCE

- ✓ Programme Officer, National Service Scheme, MSSW. (2019–2022)
- ✓ Staff Co-ordinator, (2017 –2018), Vidiyal Forum - Social Work Students Forum, MSSW.
- ✓ Department Faculty Secretary – 2013 to 2021.

RESPONSIBILITIES AT MADRAS SCHOOL OF SOCIAL WORK:

- Faculty Secretary
- Maintaining meeting minutes of the HOD Meeting
- Member Student Grievances and Redressal & Anti Ragging Committee
- Cultural Co-ordinator Student Development Council 2022 – till date

RESPONSIBILITIES AT THE DEPARTMENT:

- Faculty Secretary
- Maintaining meeting minutes of the department
- Preparing time table for the 3 years
- Prepared the department budget
- Prepared the department calendar
- Mentoring
- Organizing workshops and trainings for the students.
- Involved in setting question papers and evaluation (Internal & External).
- Guiding the students in their field work and research activities.

RESEARCH PROJECT:

- Completed and submitted the MSSW MCJ Intramural Project (2023) on “Sustainable Development Goal – Good Health & Well-being of women as determinants on National Rural Health Mission at Chengalpet District” as co-investigator and funded by Madras School of Social Work.
- Completed and submitted MSSW MCJ Intramural Project (2023) on “A Study on the Knowledge, Attitude and Practices of Menstrual Hygiene Among Adolescent Girls of Urban Slums in Chennai, Tamilnadu” as co-investigator and funded by Madras School of Social Work.

- Completed and submitted the Department project (2018) on “A Study on the Knowledge and Attitude about HIV/AIDS among Slum People in Namachivaya Puram Slum and Nehru Park Slum, Chennai, Tamil Nadu, India. “funded by International Alliance for the Prevention of AIDS (IAPA).

RESEARCH EXPERIENCE:

Thesis on “*Descriptive Study on Religion and HIV/AIDS*”.

- Designed a questionnaire for the study.
- Visited the AIDS patients in Care Unit, Madurai, Positive Network, Madurai and Family Planning Association of India, Madurai.
- Interacting with the patients and understanding their dependability on the religion.

Thesis on “*Descriptive Study on Ways of Coping among Visually Challenged*”, Madurai District, Tamil Nadu.

Thesis titled “*A study on Anxiety, Depression and Quality of Life of Senior Citizens residing at the Home for Aged*”, Madurai, under the guidance of Dr. M.Kannan, M.A.(S W), M.B.A, M.Phil (TISS), PhD, Research Coordinator, Madurai Institute of Social Sciences, Madurai.

Thesis titled “*Professional Competencies among Under Graduate and Post Graduate Social Work Students in Tamil Nadu*” under the guidance of Dr. K. Sathyamurthi, Research Supervisor and Head of the Department of Social Work, Madras School of Social Work, Chennai.

PUBLICATIONS:

Published the research paper on the topic “Quality of life of senior citizens residing at the Home for Aged - Elderly Wellbeing and Intergenerational Bonding (Collection of Articles) - Today Publication 2019. ISBN: 978-93-87882-24-9.

Published an article on the topic “Aspiration and Perception of Under Graduate Social Work Students in Chennai” – Science, Technology and Development Journal – Feb 2021

Published an article on the topic “Professional Competencies of Under Graduate Social Work Students in Chennai” – International Journal of Creative Research Thoughts – Jan 2021

Published an article on the topic “A Study on the Level of Social Anxiety and its Impact on the Well Being of the Youth in Chennai - International Journal of Creative Research Thoughts – May 2024.

Published an article on the topic “A Study on the Impact of Self Diagnosis of Mental Health among College going Students in Chennai” – International Journal for Multidisciplinary Research – June 2024.

SPECIFIC ACHIEVEMENTS:

M.S.W.

Secured *District level 1st rank and got “Maveeran Sundaralingam Endowment Scholarship”* by Madurai Kamaraj University for consecutive years.

Secured *Proficiency in all the Semesters.*

B.A.

Secured 1st position in *Experimental Psychology, Psychology, and Malayalam.*

Secured 2nd position in *Social Statistics, Social Psychology.*

Secured 3rd position in *Home delights, History.*

CONFERENCE / SEMINARS ORGANIZED:

- Organized one day INTERNATIONAL CONFERENCE ON TRIBAL AND TRANSGENDER IN TAMILNADU, on 2nd August 2024.
- One Day State level Training Programme on RIGHTS of CHILD funded by National Human Rights Commission, New Delhi, on 11th October 2017.
- 3 Days State Level Training of Trainers (TOT) for Family Counsellors on Effective Counselling funded by Tamilnadu State Social Welfare Board, Central Social Welfare Board and Directorate of Social Welfare, Government of India on 21st – 23rd February 2017.
- Youth Conclave on Life Skills, Soft Skills and Employability Skills funded by Rajiv Gandhi National Institute of Youth Development, Sriperumbudur on 29th – 31st January 2015.

SEMINARS ATTENDED & PAPER PRESENTED:

- ❖ Seminar on *“Health and Youth”* conducted at LDC, Madurai. (Inter College Level).
- ❖ Seminar on *“Health and Youth in the World of Tomorrow”* conducted at LDC, Madurai. (Inter College Level).
- ❖ Seminar on *“World AIDS Prevention Day: Stop AIDS-Keep the Promise: Accountability”* conducted by Community Organization for Women in association with AIDS Prevention and Control Project.
- ❖ Seminar on *“Social work a Profession with Multifarious Dimension”* conducted by Department of Social Work at Fatima College, Madurai.
- ❖ National Level Seminar on the *“Problem of Beggary: Realities, Challenges and Interventions”* organized by National Institute of Social Defence, New Delhi, Ministry of Social Justice and Empowerment, Government of India in collaboration with Jayaprakash Institute of Social Change, Kolkata in February 2009.

- ❖ Workshop on “*Field Work in Psychiatric Social Work*” organized by NIMHANS, Bangalore in May 2008.
- ❖ World Population Day 2017 organized by BSW Department, MSSW
- ❖ Workshop on Advanced Research Methodology in Social Sciences on 24th and 25th March 2017, organized by Department of Research in Social Work, MSSW.
- ❖ Workshop on managing the students with special need 2018 at D.G.Vaishnavae College, Arrunbakkam.
- ❖ UdyogUtsav 2018 organized by AVTAR Human Capital Trust (AHCT) at Dr.MGR Janaki College for Women on 27th January 2018.
- ❖ Workshop on research methodology March 2019 (3 Days) organized by MSSW
- ❖ Presented a paper on quality of life of senior citizens residing at Home for aged, at national conference on intergenerational bonding 2019.

EXTERNAL EXAMINER:

Served as External Examiner for Field WorkViva held at Patrician College of Arts and Science, Chennai on March 2022.

Served as External Examiner for Field Work Viva held at Patrician College of Arts and Science, Chennai on November 2023.

PROGRAMMES ORGANIZED:

- As Co-convenor organized 3 Days State Level Training of Trainers (TOT) for Family Counsellors on Effective Counselling from 21st – 23rd Feb 2017 at MSSW.
- Organized regional level seminar on World Population at MSSW.
- Organised K.N. George Memorial Lecture on the topic “ LIVELIHOOD AND OPPORTUNITIES IN A RESURGENT INDIA” on 24th March 2023.
- Organised Dr. K.N. GEORGE MEMORIAL CENTENARY LECTURE on the topic CHILD TRAFFICKING AND ROLE OF YOUTHS IN PREVENTION on 24th June 2024.

FIELD PLACEMENTS:

a) CMH (Christian Mission Hospital), Madurai.

- ❖ Home visits to people suffering with chronic mental illness
- ❖ Group work with the lactating mothers on the importance of lactation and self hygiene.
- ❖ Case work with the patients having mental illness.
- ❖ Organized community programs to create awareness about mental health in Jaihindpuram area, Madurai.

- ❖ Organized a free General and Dental Medical Camp for people of usilampattikanmai, Madurai. Nearly 200 people were benefited. Mini research on Job Stress of Nurses at Christian Mission Hospital, Madurai.
- ❖ Accurately developed and maintained written documents.

b) Ram Psychiatry Hospital, Madurai.

- ❖ Developing trust and empathetic professional relationship with clients.
- ❖ Giving emotional support to the family members.
- ❖ Conducted case work with patients suffering from mental illness.
- ❖ Mini research on the Family Burden of the Care givers of Schizophrenia patients.

c) NIMHANS, (*National Institute of Mental Health and Neuro Sciences*) Bangalore.

- Posted as trainee in *NIMHANS, Bangalore* from May 1st, 2008 to May 31st, 2008.
- Posted in different units like Adult Psychiatry, Family Psychiatry, Child Psychiatry, De addiction unit, Neuro Rehabilitation unit.
- Learnt the application of Social Work in the field of mental health in general along with exposure to clinical work in particular.
- Attended two days Workshop on “Fieldwork in Psychiatry Social Work” organized by the Department of Psychiatry Social Work, NIMHANS, Bangalore.

d) MASW (Mass Action for Social Welfare), Madurai.

- a. Organized an Awareness program on the importance of utilizing loan in proper way for SHG women through Street Theater performance.
- b. Organized HIV/AIDS Awareness program (Street Theater performance and Awareness songs).
- c. Participated in TANSACS communication training programme.
- d. Attended First State Level Convention of Traditional Media.
- e. In campus training on social analysis.
- f. Attended the orientation programme on ABCD concept.

CORE SKILLS

- Lecturing and mentoring students
- Documentation and presentation
- Collecting case history/case study

- Counseling the mentally ill people, runaways, street children and women at risk
- Developing systems and procedure for project management
- Street Theatre and life skills
- Script writing and training
- Computer Skills-Statistical Package for Social Sciences (SPSS), Microsoft word, Power point, Excel
- Language proficiency: Tamil and English (To read, write & speak)

Dr.S. Sudarmathy