



MADRAS SCHOOL OF SOCIAL WORK

AN AUTONOMOUS INSTITUTION AFFILIATED TO THE UNIVERSITY OF MADRAS
ACCREDITED BY NAAC WITH A+ GRADE

DEPARTMENT OF PSYCHOLOGY

organizes

NATIONAL SEMINAR

titled

“CONNECTIONS UNVEILED:
A MULTIFACETED JOURNEY
TO RELATIONSHIP
ENRICHMENT”

14TH AND 15TH OF FEBRUARY 2024





ABOUT THE COLLEGE

Madras School of Social Work, an autonomous college under the University of Madras, offers 2 UG programmes in social work and psychology, 6 PG programmes, 2 research programmes and several certificate and diploma courses in social work and related social work disciplines. Established in 1952 by Ms. Mary Club Wala, it originated from her concern for destitute children. The school is ranked 3rd in India, 1st in South India (2019), and achieved A+ Grade in the 4th cycle of NAAC Assessments, NIRF 39TH, India today 4th.

ABOUT THE DEPARTMENT

The Department of Psychology at the Madras School of Social Work has been committed to delivering rigorous and high-quality education since its establishment in 2002. The department offers a comprehensive undergraduate program, along with two specialized postgraduate programs: M.Sc. in Counselling Psychology and M.Sc. in Family Counselling. The Undergraduate curriculum is designed to provide students with a foundational understanding of psychology. Postgraduate students benefit from a more specialized focus, acquiring advanced skills and competencies tailored to the fields of Counselling Psychology and Family Counselling. The department's educational approach aligns with global standards, emphasizing evidence-based practices and ethical considerations in mental health care. Graduates are well-prepared to assume diverse roles in various settings such as educational institutions, corporate environments, and entrepreneurial ventures. Additionally, the department fosters a culture of research and innovation, empowering students to contribute meaningfully to the field of psychology and global mental health.

ABOUT THE SEMINAR

As part of its academic initiatives, the Department of Psychology is hosting an National seminar on Connections Unveiled: A Multifaceted Journey to Relationship Enrichment on 14th and 15th February, 2024. Individuals are inherently social beings, seeking companionship, support, and understanding from others. The quality of these interpersonal connections directly influences one's mental well-being, emotional resilience, and overall life satisfaction. Relationships, whether familial, romantic, professional, or societal, are fundamental to human existence and well-being. Beyond the individual level, relationships contribute significantly to the fabric of communities and societies. Strong social bonds foster cooperation, trust, and a sense of belonging, leading to the development of resilient communities. Recognizing and understanding the profound impact of relationships is not only crucial for individual well-being but also for fostering healthier communities and societies at large. Through expert-led sessions participants will gain valuable insights, knowledge, and skills to enhance relationship quality, foster understanding, and promote well-being in diverse relational contexts, underscoring the significance of relational health and well-being in contemporary society.

AGENDA



DR. JAMILA KOSHY
PSYCHIATRIST
Session 1: Contemporary Parent
Adolescent Relationship
Time: 11:00am-12:00pm



DR. SHAILAJA SHASTRI
EMOTIONAL WELLNESS
COACH
Session 2: Couples' Dynamics
Over Time
Time: 12:00pm-01:00pm



MS. ANU ALPHONSE
CLINICAL PSYCHOLOGIST
Session 3: Why Couple
Counselling Matters
Time: 02:00pm-03:00pm



MS. ASWATHI SAMPATH
CLINICAL PSYCHOLOGIST
PANEL DISCUSSION MODERATOR
Session 4: Panel Discussion on
Interpersonal Dynamics in the
Workplace
Time: 03:00pm - 04:00pm

PANELISTS

1. **MR. PRASANTH B**
HR SPECIALIST
2. **MR. CHARLES GODWIN**
HR SPECIALIST



MS. SUSANNA DEEPTHI
COUNSELLING PSYCHOLOGIST
Session 1: Establishment of
Healthy Boundaries
Time: 09:30am-10:45am



MS. JASDEEP MAGO JETHANI
NEUROPSYCHOLOGIST
Session 2: Healing from Toxic
Relationships
Time: 11:00am-12:00pm



DELPHINA
TRANSGENDER AND QUEER RIGHTS
ACTIVIST, NIRANGAL
Session 3: Panel discussion on
"Challenges in Interpersonal
Relationships amongst Queer Individuals"
Time: 02:00PM-03:00PM

PANELISTS

1. **MS. RAJASREE**
CERTIFIED QUEER AFFIRMATIVE COUNSELLOR
2. **MS. K. VIJAYALAKSHMI**
COUNSELLING PSYCHOLOGIST

DAY - 2

INAUGURAL

- WELCOME ADDRESS - Dr. Subasree, Head, Department of Psychology, MSSW
- INTRODUCTION TO SEMINAR THEME - Dr. Hannah John, Program Head, M.Sc. Family Counselling, Department of Psychology, MSSW
- PRESIDENTIAL ADDRESS - Mr. K.A.Mathew, I.A.S (Retd.), Chairman, MSSW
- FELICITATION - Dr. S. Raja Samuel, Principal, MSSW
- FELICITATION - Dr. R. Subashini, Dean, MSSW
- INAUGURAL ADDRESS - Dr. Vasanthi Rajendran, Professor and Head Centre for Training, Orientation & Capacity Building, RGNIYD, (An Institution of National Importance) Ministry of Youth Affairs & Sports
- VOTE OF THANKS - Mr. Sangeeth Gopinath, Program Head, B.Sc. Psychology, Department of Psychology, MSSW

VALEDICTORY

- WELCOME ADDRESS - Dr. Vyjayanthi Mala, Associate Professor, Department of Psychology, MSSW
- HIGHLIGHTS OF THE SEMINAR - Dr. Kalyani Kenneth, Assistant Professor, Department of Psychology, MSSW
- VALEDICTORY ADDRESS - Dr. Sheela Julius, M.Sc., MPhil, PhD, Former Head, Department of Psychology, Women's Christian College, Chennai.
- SPECIAL ADDRESS - Dr. R. Subashini, Dean, MSSW
- VOTE OF THANKS - Ms. Priya Magesh, Assistant Professor, Department of Psychology, MSSW

PATRONS

MR. K. A. MATHIEW, IAS(RETDP)
CHAIRMAN, MADRAS SCHOOL OF SOCIAL WORK
PRESIDENT, SOCIETY FOR SOCIAL EDUCATION
AND RESEARCH

MR. MUTHU KUMAR THANU,
HON SECRETARY, MADRAS SCHOOL OF SOCIAL WORK

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DR. S. RAJA SAMUEL,
PRINCIPAL, MADRAS SCHOOL OF SOCIAL WORK

DR. R. SUBHASHINI
DEAN, MADRAS SCHOOL OF SOCIAL WORK

FACULTY COORDINATORS

MR. SANGEETH GOPINATH
PROGRAMME HEAD,
UNDERGRADUATE PROGRAM

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HEAD, DEPARTMENT OF PSYCHOLOGY

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ASSOCIATE PROFESSOR

DR. KALYANI KENNETH
ASSISTANT PROFESSOR

MS. MADHAR SHAMEEM
ASSISTANT PROFESSOR

MS. PAVITHRA D
ASSISTANT PROFESSOR

DR. HANNAH JOHN
PROGRAMME HEAD, FAMILY COUNSELLING

MS. SONA VARGHESE
ASSISTANT PROFESSOR

MS. ASHWINI U.R.
ASSISTANT PROFESSOR

MS. SONIA ELIZABETH PRASADAM
ASSISTANT PROFESSOR

MS. NAJEEHA. P.V
ASSISTANT PROFESSOR

REGISTRATION DETAILS FOR SEMINAR

Registration :

Students: Rs. 1000/-

Scholars: Rs. 1500/-

Professionals: Rs. 2000/-



SCAN
THE QR
CODE
FOR
PAYMENT

CONTACT US

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BANK DETAILS

Account name-SOCIETY FOR
SOCIAL EDUCATION AND
RESEARCH

Account no.- 603601266334

IFS Code - ICIC0006036

Branch - EGMORE

CLICK ON THE ICON FOR
REGISTRATION FORM!



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(Anita Methodist School)
5/6, Ritherdon Rd, Vepery, Periyamet, Chennai,
Tamil Nadu 600007
*ONLY LIMITED TWO WHEELER PARKING
AVAILABLE*
click on the icon for map!



AS A PART OF THE
NATIONAL SEMINAR
WE ARE CONDUCTING
7 EXCITING
COMPETITIONS

ONLINE COMPETITIONS

- SHORT FILM
- PHOTOGRAPHY
- MEME CREATION
- REEL MAKING
- POSTER MAKING

OFFLINE COMPETITIONS

- DOODLING
- CREATIVE WRITING

EXCITING CASH
PRIZES ARE
AWAITING !!!



THERE WILL BE A SEPARATE REGISTRATION FOR THE COMPETITIONS ABOVE.
TO REGISTER FOR THE COMPETITIONS AND FOR FURTHER DETAILS, PLEASE
CONTACT:

STUDENT COORDINATORS

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