

# **MADRAS SCHOOL OF SOCIAL WORK**

## **QUESTA FORUM**

### **Talk on health and wellness in the prism of social entrepreneurship**

**Event No:** 5

**Date:** 19.09.2022.

**Time:** 10:30 am – 11:30 am

**Venue:** Incubation Centre

**Faculty Organiser:** Prof. Agnes Roshini.

**Student Organiser:** V. Sarvashree

**Documented by:** Ms. Taj Rasha

**Total Participants:** 38

**Organised by:** QUESTA forum

The talk started with the welcome address with Ms. Shrisha introducing the resource person for the day. Dr Amina Aether.

Dr.Amina Ather is an expert in health education for the last 15 years working with personalised and preventive health care on non-invasive and non-drug therapy across 21 countries and has conducted public talks, keynote addresses , sessions, focused group discussion and counselling sessions with more than 1 million women of all ages , religion and culture. She holds a PhD in public health with her focus of health education of women through green pharmacy. She has been conferred with doctor of medicine in unani fraternity for clinical research in screening and management of PMS with camphor an indigenous herb in India.

Right now she is screening flamer syndrome for girls between 10 to 18 years and developing preventive and personalised healthcare supported by the ministry of health and family welfare, ministry of education and ministry of food, government of Karnataka, India.

Working on satiric validation of products derived from Karnataka antibiotics limited.

Developing global tourism integrated wellness village at Bangalore under her patronage and her own foundation the solstice trust.

Dr. Amani Ather shared with us some glimpses of her rich knowledge in Unani traditional medicine and life experiences in treating illness without the excessive intervention of modern business.

Prof. Dr. Amina Ather is a global expert in indigenous health and beauty care solutions and services. She is heard and consulted by heads of institutions, royalty and governments in many parts of the world. The talk ended with Ms.Shrisha delivering the vote of thanks.

**Photos of the Event:**



**Conclusion:**

In conclusion, the talk featured Dr. Amina Ather, an expert in health education and traditional medicine, who has extensive experience in personalized and preventive healthcare. She is currently involved in various initiatives related to health screening, product validation, and wellness tourism in India. Dr. Ather's knowledge and experience in indigenous health and beauty care solutions make her a respected authority and consultant for heads of institutions, royalty, and governments worldwide. The talk provided valuable insights into the importance of traditional medicine and personalized healthcare in modern times.