

Guest Lecture on Structural Family Therapy

A guest lecture on structural family therapy was conducted by Dr. Veena on 24th August 2022. The lecture was held at Family Counselling Classroom. The session offered wonderful insight on the basics of structural family therapy and role of a structural therapist. The students gained an insight on the intergenerational boundaries and general family functioning in an Indian context. A role play was conducted to demonstrate Indian family problems vividly. It highlighted the problems of a therapist and his or her ability to handle them practically. The session ended on a positive note.