

Soft Skills Training Program

The department of M.Sc. Family counselling organised their 4-days soft skills program. The program was hosted by Dr. Sangeetha. The program was conducted in tag auditorium and 4th floor auditorium consecutively at 12:30pm. The program addressed various topics like self-awareness, interpersonal communication patterns, culture, conflicts and emotionally intelligence. The students were allowed for self-exploration and they gained valuable insights from the program.