

### **Guest Lecture on Role of Family therapists**

A guest lecture on Role of Family therapists was organised on 15 November 2022 at 3:30 pm. The lecture was hosted by Mr. Rohit Ramachandran. The event was conducted in the Family counselling classroom, MSSW. The session started with a discussion about the role of a family therapist in family therapy. The difference between individual psychotherapy and family therapy was analysed and discussed. Various case scenarios were presented for the students to practically understand the possible threats that a psychologist could possibly face during counselling. He also provided insight about four kinds of pressure faced by the counsellors. The legal and ethical risk of being a family therapist was also discussed. The importance of supervisors in counselling was also highlighted. The good qualities of an effective therapist were highlighted and discussed. He also talked about the five therapist traps that the counsellor should be aware in his or her profession and must ensure they don't fall into it.