



38th Year Celebration of the
**NATIONAL DAY FOR THE MENTALLY
RETARDED PERSONS**
மூளை வளர்ச்சி நோக்கியோர் தேசியத் திருநாள் 2021

ON 8-12-2021 AND 9-12-2021

Organised By

DEPARTMENT OF PSYCHOLOGY
MADRAS SCHOOL OF SOCIAL WORK
CHENNAI - 8

And

TAMBARAM PARENTS' ASSOCIATION
FOR THE MENTALLY RETARDED

In Association With

LIONS DISTRICT CHAIRPERSON'S SECRETARIAT OF
SPORTS FOR SPASTIC CHILDREN, LIONS DIST-324-M.

LIONS CLUB OF MADRAS- SAIDAPET,
LIONS DIST-324-M

MANITHAM ARAKKATTALAI.

THE THEOSOPHICAL ORDER OF SERVICE,
ADYAR GROUP.

BALA VIHAR SPECIAL SCHOOL.

FIRST DAY CELEBRATION

DATE: 08-12-2021, WEDNESDAY

TIME: 11.00AM TO 1.30PM

**VENUE: MADRAS SCHOOL OF SOCIAL WORK
32,CASA MAJOR ROAD, EGMORE, CHENNAI-8**

PROGRAMME

INAUGURAL FUNCTION : 11.00 AM TO 12.00 PM

WELCOME ADDRESS : **DR. SUBASREE. V**
Head of the Department of Psychology
Madras School of Social Work

INAUGURAL ADDRESS : **LION PROF. P. MAHALINGAM**
Lions District Chairperson, Sports for Spastic Children,
Dist.324-M.
Founder, Manitham Arakkattalai,
Dean, School of Languages, Vels University, Chennai-117

PRESIDENTIAL ADDRESS : **PMJF LION S.V. MANICKAM**
Lions District Governor, Dist.324-M

SPECIAL ADDRESS : **MR. JOHNY TOM VARGHESE I.A.S**
Director for the Welfare of the Differently Abled,
Tamil Nadu.

KEY NOTE ADDRESS : **DR. S. RAJA SAMUEL**
Principal, Madras School of Social Work

INAUGURATION OF TEACHING AID EXHIBITION
(Display by Carmel Centre for Intellectually Disabled, Avadi)

PMJF LION MOHAMED NAVEEN
Lions First Vice District Governor, Dist.324-M

FELICITATION : **DR. R. SUBASHINI**
Dean, Madras School of Social Work

PMJF LION M. SRIDHAR
Lions Second Vice District Governor, Dist.324-M

MRS. DHARINI NARAYAN
Educationalist and Founder of Playworkz International
Play School

MJF LION K. MANI
Lions District Cabinet Secretary, Dist.324-M

MJF LION P. BABU
Lions District Cabinet Treasurer, Dist.324-M

MR. A. RAJA
Senior Manager, Indian Bank, Vadapalani

MJF LION A. NATARAJAN
Lions Region Chairperson, Region-8, Dist.324-M

MR. M. VIVEKANANDAN
Secretary, Kilpauk Lodge of the Theosophical Society

LION K. SIVARAMAN
Lions Zone Chairperson, Zone-1, Region-8,Dist.324-M

DR. M. PRABHAKARAN
NSS Programme Officer, Vels University, Chennai-117

LION R. RAMAKRISHNAN
President, Lions Club of Madras- Saidapet

MR. A. BOOPALAN
Secretary, Tambaram Parents' Association for the Mentally Retarded

LION M.A. SUGUMAR
Secretary, Lions Club of Madras- Saidapet

LION KALAISELVI THIRUKUMARAN
Treasurer, Lions Club of Madras- Saidapet

MS. RAJESWARI. B
Project Manager, Bala Vihar Special School

DR. VYJAYANTHIMALA
Assistant Professor, Department of Psychology
Madras School of Social Work

12 NOON :

12.15 PM to 12.30 PM:

REFRESHMENT

Inauguration of Student Forum- "VRIDDHI"

INVESTITURE CEREMONY:

LION PROF. P. MAHALINGAM

Dean, School of Languages, Vels University, Chennai-117

12.30 PM TO 1.30 PM:

SEMINAR

THEME: ROLE OF THE SOCIETY IN THE WELFARE OF MENTALLY RETARDED PERSONS

SPEECH BY THE STUDENTS OF MADRAS SCHOOL OF SOCIAL WORK

SPEAKERS

MS. ANKITA PAUL
MS. KAVYA .K
MS. ASWATHY SHARMA
MS. KAJAL. J
MS. TANUJA. V
MR. DEEPAK. S. H
MS. VISHNUPRIYA. V.V
MS. ISHWARYA. S

TOPIC

PARENT'S ROLE
TEACHER'S ROLE
DOCTOR'S ROLE
PSYCHOLOGIST'S ROLE
SOCIAL WORKER'S ROLE
GOVERNMENT'S ROLE
PUBLIC'S ROLE
MEDIA'S ROLE

CONCLUDING REMARKS:

DR. HANNAH JOHN

Assistant Professor, Department of Psychology
Madras School of Social Work

DISTRIBUTION OF CERTIFICATES : **LION R. RAMAKRISHNAN**
President, Lions Club of Madras- Saidapet
TO THE STUDENT PARTICIPANTS
OF THE SEMINAR

VOTE OF THANKS : **MS. KAJAL. J**
President of Student Forum - "VRIDDHI"
Department of Psychology
Madras School of Social Work

SECOND DAY CELEBRATION
DATE: 09-12-2021, THURSDSDAY
TIME: 9.30AM TO 12.30PM
VENUE: BALA VIHAR SPECIAL SCHOOL, NO.10,
HALLS ROAD, KILPAUK, CHENNAI-10

PROGRAMME

WELCOME ADDRESS : **LION PROF. P. MAHALINGAM**
9.30 AM Lions District Chairperson, Sports for Spastic Children,
Dist.324-M

INAUGURAL ADDRESS : **DR. VYJAYANTHIMALA**
Assistant Professor, Department of Psychology
Madras School of Social Work

10.00 AM : *Inauguration of Sports and Games for the
Special Children of Bala Vihar Special School*

LION R. RAMAKRISHNAN
President, Lions Club of Madras- Saidapet

*Inauguration of Drawing Competition for the
Special Children of Bala Vihar Special School*

LION M.A. SUGUMAR
Secretary, Lions Club of Madras- Saidapet

12.00 NOON : *Prize Distribution*

LION ER. KALAICHELVI MAHALINGAM,
MR. K. ADIKESAVALU, MR. N. ANBUMANI,
MR. M. NATARAJAN & MR. S. DHARMARAJ

VOTE OF THANKS : **LION KALAISELVI THIRUKUMARAN**
Treasurer, Lions Club of Madras- Saidapet

12.30 PM : *Lunch for the Special Children of Bala Vihar Special School*

SPONSOR : MANITHAM ARAKKATTALAI, CHENNAI- 83

AND LIONS CLUB OF MADRAS- SAIDAPET, DIST.324-M.

NOTE : ALL COVID RULES WILL BE FOLLOWED STRICTLY IN THE ABOVE TWO DAYS OF CELEBRATION

REPORT

MADRAS SCHOOL OF SOCIAL WORK

38th YEAR CELEBRATION OF NATIONAL DAY FOR THE MENTALLY RETARDED PERSONS

(JOINTLY ORGANIZED IN COLLABORATION WITH DEPARTMENT OF PSYCHOLOGY, MADRAS SCHOOL OF SOCIAL WORK, CHENNAI AND TAMBARAM PARENTS' ASSOCIATION FOR THE MENTALLY RETARDED IN ASSOCIATION WITH LIONS DISTRICT CHAIRPERSON'S SECRETARIAT OF SPORTS FOR SPASTIC CHILDREN, LIONS DIST-324-M; LIONS CLUB OF MADRAS-SAIDAPET, LIONS DIST-324-M; MANITHAM ARAKKATTALAI; THE THEOSOPHICAL ORDER OF SERVICE, ADYAR GROUP; BALA VIHAR SPECIAL SCHOOL)

TOPIC: NATIONAL DAY FOR THE MENTALLY RETARDED PERSONS

CHIEF GUEST: Mr. JOHNY TOM VARGHESE

DATE: 08-12-2021 and 09-12-2021

VENUE: AUDITORIUM, MADRAS SCHOOL OF SOCIAL WORK

32, CASA MAJOR ROAD, EGMORE, CHENNAI-8

TIME: 11.00 A.M

COORDINATORS:

- DEPARTMENT OF PSYCHOLOGY, MADRAS SCHOOL OF SOCIAL WORK, CHENNAI
- TAMBARAM PARENTS' ASSOCIATION FOR THE MENTALLY RETARDED
- LIONS DISTRICT CHAIRPERSON'S SECRETARIAT OF SPORTS FOR SPASTIC CHILDREN, LIONS DIST-324-M
- LIONS CLUB OF MADRAS-SAIDAPET, LIONS DIST-324-M
- MANITHAM ARAKKATTALAI
- THE THEOSOPHICAL ORDER OF SERVICE, ADYAR GROUP
- BALA VIHAR SPECIAL SCHOOL

OBJECTIVE OF THE PROGRAM: To celebrate the national day for mentally retarded people and to spread awareness regarding the various ways they can be helped by the people supporting them as well as the society.

INTRODUCTION

The program commenced at 11 a.m. in the auditorium of Madras School of Social Work with a beautiful quote by Albert Einstein, “Everybody is a genius” followed by a welcome address by Dr. Subasree.V, head of psychology department, MSSW. The chief guest of the program, Mr. Johny Tom Varghese, I.A.S who holds the position as the director for the welfare of the differently abled, Tamil Nadu was invited to give the special address stressing on the public’s view about the intellectually challenged. Following this, PMFJ Lion S.V. Manickam, Lions District Governor, was requested to give the presidential address where he emphasized on the creativity in intellectually challenged people and to be inclusive of them as a society. Succeeding his speech, felicitations were given to the chief guest by Raja Samuel, Principal of Madras School of Social Work and to PMFJ Lion S.V. Manickam by Dr. R. Subashini, Dean, Madras School of Social Work. Mementos for the coordinators of the event was also given. The inaugural address by Lion Prof. P. Mahalingam, Lions District Chairperson, sports for spastic children, and founder of Manitham Arakattalai introducing the events for the day ensued the felicitations following which Dr. Vyjayanthimala, Assistant Professor of psychology Department, MSSW gave a speech about the psychology department in MSSW. Her speech was succeeded by PMFJ Lion M. Sridhar who spoke on parental responsibility for parents of Intellectually challenged children. Key note address was given by Dr. S. Raja Samuel, Principal of Madras School of Social Work on avoiding staring at people and collective responsibility after the demise of intellectually challenged individual’s parents. The program broke for refreshments break after a special address by Dharini Narayan on Playway method employed on Intellectually challenged children.

The inauguration of the department forum Vriddhi started with a speech on previous form works by ex- vice president, Varshini. The investiture ceremony was conducted by Lion Prof. P. Mahalingam. Subsequently, speeches on the theme “Role of the society in the welfare of Mentally Retarded Persons” were delivered by students of Psychology Department, MSSW. The program concluded with distribution of certificates to the speakers.

The program on 9th December, 2021 in Bala Vihar Special School was sports and drawing competition conducted for the specially abled children.

PROGRAM CONTENT

Majorly focusing on how intellectually challenged people face challenges in the society, the program began with Dr. Subasree welcoming the chief guests and the audience. Mr. Johny Tom Varghese, the chief guest of the event emphasized on the changes in viewing people with Intellectual disability in the society and “Rights project” of bringing field level functionaries for the Intellectually challenged at the panchayat level in addition to putting

forth the requirement of social workers and job opportunities towards colleges across India. Presidential Address by PMFJ Lion S.V. Manickam accentuated beautifully in Tamil about the creativity in Intellectually challenged people with a poem of comparisons in nature and the various amenities provided by the government for their growth besides registering the fact of being more inclusive as a society. Mementos were presented to the chief guest and the coordinators of the program by Mr. A. Boopalan, Secretary, Tambaram Parents' Association for the Mentally Retarded. Inaugural Address by Lion Prof. P. Mahalingam also emphasized on the fact of more attention and focus intellectually challenged people can give towards a task than normal people which he quoted by the headlines in Dina Thandi "இந்த மலர்களுக்கும் மனம் உண்டு". Succeeding his speech, Dr. Vyjayanthimala informed about the various practical exposure and training provided by the counseling psychology department in MSSW. Subsequently, PMFJ Lion M. Sridhar talked about the parental guidance for parents of intellectually challenged children. Dr. S. Raja Samuel gave the key note address by avoiding staring or showing disgust towards people and put forth a major question of the collective responsibility of Intellectually challenged people after the demise of their parents. Mrs. Dharini Narayan stressed on the parental, educator and counselor role for specialized children by using the play way method through reiteration.

After the refreshments break, the inauguration of the department forum Vriddhi took place under Lion Prof. P. Mahalingam. A summary about the events conducted by Vriddhi in 2020 was given by Varshini, ex- vice president of the forum following which the forum members were given their badges and oath taking took place. A speech by Lions member Vivekananda succeeded the forum inauguration and stressed upon the acts for Mentally retarded and the Guardianship Act for them as an answer to Raja Samuel's question.

The seminar was conducted on the theme "Role of the society in the welfare of Mentally Retarded Persons" and the students of psychology department gave speeches on various roles such as role of parents by Ankita Paul, teachers by Kavya.K, doctors by Aswathy Sharma, psychologists by Kajal. J, social workers by Tanuja. V, government by Deepak.S.H, public by Vishnupriya.V. V and media by Ishwarya.S. It highlighted on the different learning methods which are inclusive of people with Intellectual Disability, non-discrimination of doctors towards patients with Intellectual disability, empathy and special training as well as organizational support to be given awareness to, social workers duty on taking care of people with Intellectual disability, their parents and society, arrangements for their assessments, evaluation and awareness of their rights. The speeches also gave insight on the various acts and articles in the law supporting their development, awareness and acceptance by the public displayed through minute changes and the role of social media for their growth.

Dr. Hannah John, Assistant professor of psychology department gave the concluding remarks of developing micro skills and reflecting on one's work. The programme ended by awarding certificates to the speakers and vote of thanks by Kajal. J, president of Vriddhi.

The 2nd day of the program was conducted in Bala Vihar Special School at 9.30 a.m. The welcome address was given by Lion Prof. P. Mahalingam followed by instructions and the events planned for the day as an inaugural speech by Dr. Vyjayanthimala. The commencement of Sports and games as well as the drawing competition for the special children belonging to Bala Vihar School was done by Lion R. Ramakrishnan and Lion M.A. Sugumar. The results were announced around 12 p.m. and the winners were awarded prizes by Lion ER. Kalaichelvi Mahalingam, Mr. K. Adikesavalu, Mr. N. Anbumani, Mr. M. Natarajan and Mr. S. Dharmaraj. Following the vote of thanks by Lion Kalaiselvi Thirukumaran, the special children were provided lunch by Manitham Arakattalai and Lions Club of Madras, Saidapet.

Covid protocols was followed all through the programme.

PROGRAM OUTCOME/IMPACT

Understanding Intellectually challenged persons and the various ways to help them and spread awareness is crucial for people engaging in social work. This program helped students in recognizing how Intellectual disability is seen by the public currently and the various challenges intellectually disabled people face along with the measures to be taken for their development.





