

## **CHILDRENS MOTIVATION AND GUIDANCE PROGRAM**

**28<sup>th</sup> of October 2021.**

### **INTRODUCTION:**

The day 4 of project field extension was scheduled on 28<sup>th</sup> of October 2021. The team first gathered in Avadi and then reached the community by 9 30 Am.

The team after reaching the center prepared the resources required for the program. The team connected with the ICDS teacher and informed them prior about the program that it will commence on the scheduled time and date.

The student trainees were under the guidance of the Faculty Co coordinator Prof. P. Amuthalakshmi. Mr. Daniel Praveen Raj, Faculty of MSSW in Karlapkkam, Thiruvallur District guided the team.

### **ACTIVITIES:**

The team before starting the program was ready with the materials required for the program. They are

- Craft sheets for the activity
- Art sheets for the activity
- The stationery kit for every child who attended the program.
- Chocolates for every child.

The team gathered in the ICDS center, which is under the control of Mrs. Kalavathy around 11 AM. The team made arrangements in the room by making the children to sit in rows.

The program started around 11 15 AM. The program started with a prayer song.

### **SESSION 1:**

The program then started with the small game activity for the children. The session was carried out by the student trainee Elakkiyan. This was mainly to make the children feel active.

### **SESSION 2:**

Followed by the game activity the drill session was carried out by the student trainee Tharun, Elakiyyan and Rubesh. All the student trainee took part in this activity along with the children.

### **SESSION 3:**

The third activity was carried out by the student trainee Abirami. The activity was to tear a small sheet of paper into a big one. The student trainees Ashwatha and. Kavya also took part in this activity along with the children. This activity was mainly planned to make children aware about the concentration factor. This activity required lot of concentration and patience to achieve big. This was the main theme of this particular activity.

### **SESSION 4:**

This activity was mainly planned to teach the students the art of ORIGAMI. The Student trainee Nivedha started the session by doing Fish with paper. She instructed the students and the trainees Jenisha and Kavya also took part in this activity to help the children. Every trainee helped each group of children to complete the Fish origami. The session was mainly aimed to teach children the art of origami without cutting papers.

### **SESSION 5:**

The student trainees also conducted a Rhymes session. Every child was very playful and they enjoyed a lot.

### **SESSION 6:**

The trainee Tharun also spoke about the National Leaders to impart the knowledge of National Leaders in the minds of the children.

### **SESSION 7:**

The trainees also asked the children to volunteer and to speak about their opinion, experience and what they learnt from the activity. Few children volunteered and said that the session was very enjoyable and interactive. They said enjoyed a lot and the session was also very interesting, they said they learnt about,

- Concentration
- Patience
- Positive way of thinking
- Origami and drawing techniques.

### **SESSION 8:**

After the activities the students were gifted with a Stationery Kit which includes

- Pencil
- Scale
- Eraser
- Sharpener.

Every child received the kit and they were happy about it. After which chocolates were distributed to every children.

### **SESSION 9:**

The program ended around 12 45 PM with the Vote of Thanks which was proposed by the student trainee Ashwatha followed by which the children were arranged for their Lunch.

The student trainees then cleaned the room and left the place after thanking each and every ICDS faculties for giving us permission to conduct the program.

### **CONCLUSION:**

Conducting the Children's Motivational and Guidance program was really a very great experience to get in touch with small children, understanding their requirements and being with them as a whole by conducting a series of activities to keep them engaged with interesting activities.

The program was completed successfully and was really a very great experience

for the trainees as well as the children.



Interacting with children along with  
ICDS teachers





Stationery kit distribution to the children



Engaging children in activities



During paper activity session



Interacting with the children







Feedback from the children

During the origami activity



During the activity session



