# MADRAS SCHOOL OF SOCIAL WORK DEPARTMENT OF COUNSELLING PSYCHOLOGY PSYCHOLOGY AT WORK PLACE

The Department of counselling Psychology conducted a course on Psychology at work, for HR Managers of TAFE and TMTL at Video conferencing Hall, Madras School of Social Work. The course is conducted through video conference. The participants were from Chennai Hyderabad, Bhopal, Alwar and other offices in India.

13 sessions were conducted by resource person from MSSW, consultant psychologist, trainers, HR professionals.

Valedictory session was conducted on 16-10-19 the Chief guest was Mr Balachandran, Executive Director, Ashok Leyland.

#### HIGHLIGHTS OF THE COURSE MODULE

### **General Psychology**

- Psychology Introduction
- Perception- laws of perception
- Learning classical conditioning, operant conditioning, insight learning.
- Motivation drive theory, instinct theory, needs theory
- Personality overview of personality theories, assessment of personality.

## **Abnormal psychology & Counselling**

- Abnormal behaviour symptoms & Causes
- Mood and Anxiety disorder
- Substance related disorder alcohol & Drug

- Overview of Barefoot Counselling
- Basic Counselling Skills

#### **Organizational Behaviour**

- Group behaviour characteristics of group, group dynamics, social facilitation, social loafing
- Social cognition, prejudice, discrimination, bias and stereotype
- Social influence conformity, compliance, obedience
- Challenges and opportunities for OB
- Diversities in organizations
- Attitudes, job satisfaction, job involvement and job commitment
- Values at work place,
- Individual decision making
- Emotions- concept and applications,
- Understanding work teams
- Communication interpersonal skills and ethics at work place sexual harrashment
- Conflict management, work place counselling
- Organizational change stress and anger management
- Positive engagement
- bio psychosocial well being

# **RESOURCE PERSON**

Dr Subashini	Mr Vijay Trainer	Ms Srividhya Suderson
Dean, MSSW	DR Sudhakaran	Transcend Chennai
Dr Vyjayanthi Mala HOD, Department of	TNOU	Dr Sangeetha makesh Consultant
Counselling	TNOU	Psychologist, Psycafe
Psychology, MSSW		i sychologist, i sycurc
Dr Subasree	Mr Veerapandian	Dr Rajani HR
Assistant Professor	Assistant Professor,	Consultant
Department of	Post Graduate	
Counselling	Department of	
Psychology, MSSW	Applied Psychology BALM,	
Dr Kalyani Kenneth	Dr V D Swaminathan	Dr Jayanthi Peter
Assistant Professor	Rtd Professor,	HOD, Department of
Department of	Department of	HRM , MSSW
Counselling	Psychology UNOM	
Psychology, MSSW	D. C. IZ	
Ms Hannah John Assistant Professor	Dr S Karthikeyan	
Department of		
Counselling		
Psychology, MSSW		
Ms Ezhil	Mr Senthiladiban	
Assistant Professor	Founder, SPACE and	
Department of	Sparks	
Counselling	Chennai,	
Psychology, MSSW		

## **PARTICIPANTS**

S.no	TAFE	TMTL
1	Ayshwarya Robin	Anoop Parihar
2	Aron Susheelkumar	Dhruvajyoti Chakraborty
	Minalkar	
3	Bindu Krishna Kumar	Geetika Sharma
4	Boopathy K	Harshal Garge
5	Chhaya Balasubramanian	Krishna Kumar Yaduwanshi
6	Deepak M	Nivedita Kaushik
7	Deepak Gonsalves	Parul Pawar
8	Mahesh N	Partha Sarathi Basu
9	Muralidharan K	Ritu Mahajan
10	Mohammed Samsudeen E	Suresh Kumar Dwivedi
	S	
11	Naveen S Pillai	Saranraj Selvam
12	Paarvathy G	Sriram Ambekar
13	Richard Michael	Tanvi Garg
14	Saritha A	
15	Sangeetha Meganathan	
16	Suresh J	
17	Sunil Kumar M	
18	Varshad V Vargheese	
19	Venketraman K	



### SCHEDULE

INVOCATION

COLLEGE SONG

WELCOME ADDRESS

REFLECTIONS

CHIEF GUEST ADDRESS

SPECIAL ADDRESS

VOTE OF THANKS

NATIONAL ANTHEM

DINNER



MADRAS SCHOOL OF SOCIAL WORK
DEPARTMENT OF COUNSELLING PSYCHOLOGY

Cordially Invites You For The Valedictory Function Of The Certificate Course

#### "PSYCHOLOGY AT WORK" FOR HR PROFESSIONALS

CHIEF GUEST MR.BALACHANDRAN N V EXECUTIVE DIRECTOR ASHOK LEYLAND

DATE: 16.10.19.

TIME: 18:30

VENUE: VC HALL