

SANGEETH GOPINATH

No 35/2, Sait Colony, 2nd Street, Egmore, Chennai - 600008

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Contact No.: 91 8939617115

To utilize my Academic and Professional exposure towards the Wellbeing of the Institution

ACADEMIC QUALIFICATIONS (Psychology)

- 2012-13, **MPHIL (Sports Psychology and Sociology)**, TNPESU, Chennai.
- 2008-10, **M.S.C (Psychology)**, University of Madras, IDE, Chennai

ACADEMIC QUALIFICATIONS (Others, Exercise Science)

- 2011-12, **MPHIL (Exercise Physiology and Nutrition)**, TNPESU, Chennai.
- 2009-11, **M.S.C (Fitness, Exercise Rehabilitation, Nutrition)**, YMCA, Chennai

ACADEMIC QUALIFICATIONS (Others)

- 2013-15, **M.A (Sociology)**, University of Madras, IDE, Chennai
- 2001-04, **B.A. (Corporate Secretaryship)**, D.G.Vaishnav College, Chennai

UGC – NET QUALIFICATION

- **December, 2015 Examinations – qualified with 62.86% in the subject Psychology**
- **December, 2014 Examinations – qualified with 63.43% in the subject Psychology**

WORK EXPERIENCE

MADRAS SCHOOL OF SOCIAL WORK

Working as Assistant Professor, Dept of Psychology – From Feb 2016 till date

Job responsibilities

- Teaching psychology papers for the UG students
- Coordinating various departmental activities
- Member of and Coordinating various support services in the college
- Engaging in student recruitment, student development and assessment activities.
- Preparing and giving lectures, as well as grading papers and tests.

Seminars and Conferences

- Participated in the international conference- New Frontiers in Sanskrit and Indic Knowledge (NFSI 2019), 3 Day programme from December 16 - 18, 2019 at Chinmaya Vishwavidyapeeth (CVV), Kerala.
- Deputed as psychologist to serve as the panel member in the interview board of TCIL (Tele communications India limited, Chennai division for the days 23rd to 25th of January 2019.
- Participated in the international Seminar on Creative arts and workshop on MDT(Movement and dance therapy) and Drama Therapy organized by the Women's Christian college, Chennai on the 29th and 30th of February, 2019
- Presented paper on behaviour inhibition and perceived stress at the international conference organised by Amity university, Rajasthan(Feb 2 - 4, 2018)
- Participated in the national seminar on psychology of gender: Bridging the Gaps at the MGR college of arts and science, Chennai(5th and 6th Dec, 2017)
- Attended the two day workshop on Behaviour modification held on march 3rd, 2017 organised by Department of Counselling psychology, MSSW
- Participated in the International conference on Life skills organised by S.M Joshi college, Hadapsar, Pune(3rd - 5th Feb, 2017)
- Presented a paper on Self concept and Self esteem at the international conference on Emerging trends in youth development organised by Sacred heart college, Thriupattur(20th and 21st Jan, 2017)
- Participated in the International conference on psychological support services for youth and adolescents organised by SIET college for women, Chennai(4th and 5th Oct, 2012)

Freelance Wellness Consulting and Training - from July 2013 to Feb 2016

Job responsibilities

- Exercise Counselling
- Nutritional Counselling
- Fitness Training

Hewlett Packard, Chennai

Worked as customer support Officer - from February 2007 to March 2009.

Job responsibilities

- Order Processing
- Coordinating Escalations

PERIOD OF NON EMPLOYMENT (2004 – 2007)

- Preparations for UPSC combined defence service examinations 2004, 2005, 2006, 2007
- Training for service selection board
Allahabad (2006), Bhopal (2006), Bangalore (2007), Allahabad (2007)

IT SKILLS

Operating Systems : Windows (till date)
Packages : MS-Office, Adobe Photoshop

ACHIEVEMENTS

- CBSE national volley ball, Participation 2000, 2001.
- CBSE national athletic meet, Participation, 2000, 2001.
- Silver Medalist, MSC Fern, 2011
- Gold medalist, Mphil Sports Psychology and Sociology, 2013

HOBBIES AND INTERESTS

Road Cycling, Music

PERSONAL DOSSIER

Date of Birth : 9th Jan 1983
Birth place and Native : Calicut, Kerala
Father's Name : Gopinathan Ayyatt
Languages Known : English, Malayalam, Tamil and Hindi.

I hereby declare that the above mentioned information is true to the best of my knowledge

SANGEETH GOPINATH

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