

Faculty Profile :

In both places -- administration and in department instead of Ms, please add Dr.

Educational Qualification

- 2012- 2017 **Ph.D.** in Psychology with Barkatullah university ,Bhopal, Madya Pradesh and awarded in 2019
- 2008 -2010 - **M.Sc** in Counselling Psychology with **Distinction** (75%), Madras School of Social Work, affiliated to University of Madras, Chennai.
- 1994 -1995 - **B. Ed – First Class** with **Best Student award in Commerce and Accountancy** , Christopher College of Education, affiliated to University of Madras, Chennai.
- 1991-1993 - **M.Com – First Class**, Seetha Lakshmi Ramasamy College affiliated to Bharathidasan University, Trichy, Tamil Nadu.

Seminars, Conference and workshops

- Participated in two days training conducted by International Critical Incident stress foundation on Advanced individual Crisis intervention and Advanced group crisis intervention , on 28th to 30th January 2020 in **Dubai**.
- Participated in workshop in Psycho-Sexual Medicine & Therapy for counselors and psychologists on 21st September 2019 in Chennai
- Participated in the Three day National workshop on “ Research Methodology, Statistical Data Analysis and Interpretation on 4th to 6th Jan 2019
- Participated in Two day workshop on Neropsychological Assessment and Rehabilitation on Dec 8th and 9th 2018
- Participated in National Workshop on Rethinking about climate change : A Psychological perspective on 16 th to 22nd Dec 2017 at Banasthali , Rajasthan

Job Experiences:

- 2000 - 2006 – Free Lance Counselor

- 2006 - 2009 – Staff counselor , Andrews KIRK
- 2009 - 2010 – School Counselor in Green Valleys Matriculation School
- 2010 - 2012 - School Counselor in Red Rose group of schools and Scholars home public school, Bhopal ,Madya Pradesh
- 2012 - 2014 - Assistant professor in Bhopal School of Social Sciences Bhopal, Madya Pradesh
- 2014 - 2017- Guest Lecturer - Diploma in Montesorori primary school of teacher training Continuing Education Department ,Madras Christian College, Chennai
- 2017 - till date- Assistant Professor Madras School of Social Work, Chennai

Subjects taught

- Counseling process and skills,
 - Health Psychology,
 - Behavior Modification,
 - Counseling groups and Special Population with therapeutic Techniques .
 - child psychology,
 - Social Psychology,
 - Research Methodology,
 - Counseling Psychology & Developmental Psychology
- Research guidance , training module guidance and internships, psychological Assessment
- **Involving in Project as a research contact in RADICALS (Reducing Adolescent Depression in India- Cultivating Adolescent Life Skills)** project of World Vision India , a NGO registered under the Tamil Nadu Societies Registration Act, 1975 MSSW is an academic institution and Centre of Excellence in Health Studies of MSSW under which health research projects are carried by department of counselling psychology and post graduate department of social work. (June 2019 – March 2021)

- **2015 – till date ...consultant and counseling services offered through ARUBAH Counseling Centre , Madambakkam , Tambaram East, Chennai.**

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PAPER PRESENTATIONS

- Presented paper titled Health Profile of Adolescents – Current Trends in International Conference on enhancing Psychological Wellbeing across Human Life Span conducted by Anugraha Institute of Social Sciences, Dindugal on 3rd February 2017
- Presented paper titled Sociological values and psychological values of education – 24th and 25th of OCT 2013 national seminar, Values Oriented education; status and Direction.
- Presented paper titled Psychological Perception of Women in girls Education – 28th and 29th sep 2013 national seminar women’s education: Scope and perspective
- Presented paper titled Migration and Changes in self concept in adolescents with reference to cultural influence, 10&11th Dec 2012 UGC sponsored National Seminar on impact of internal migration on socio-political and economic structure of cities in India.
- Presented paper titled Difficulties in imparting sex education in India context- 29th and 30th November – 2012-National Seminar-india’s Population: challenges to Education.
- Presented paper titled Positive deviance – 22nd and 23rd November 2012-National Seminar –HIV/AIDS and Gender Concerns-A social perspective

PUBLICATIONS:

- Paper Published on **Health Profile of Adolescents** – ISBN No : 978-93-85165-68-9 **August 2017**
- Paper published on **Perception of parents among college students** –Volume 2 Issue 2 , **March 2016** ICRJMSS -ISSN :2394 -7691
- Paper published on **The effect of psychological intervention on study skills and academic performance among adolescents** - Volume 2 Issue 2 , **March 2016** ICRJMSS -ISSN :2394 -7691