# RÉSUMÉ

Ananyalakshmi.V.R.

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Qualification : M.Sc Applied Psychology (Counselling Psychotherapy) UGC NET Qualified (July 2018)

# Work Experience

- Assistant Professor in the UG department of Psychology, Madras School of Social Work, Egmore, Chennai. (August 2019 Present)
- Psychologist at Sittara Center for Self Discovery, Anna Nagar East, Chennai. (July 2018 July 2019)
- School Counsellor/ Special Educator at Kola Saraswati Vaishnava Senior Secondary School, Kilpauk, Chennai. (July 2018- July 2019)
- Remedial Teacher at Kids Learning Centre, Anna Nagar, Chennai. (January 2016 March 2016)

Course	Institution	Board / University	Percentage	Year of passing
MSc Applied Psychology (Counselling Psychotherapy)	Women's Christian College, Chennai	Affiliated to Madras University	62%	2018
BSc Psychology	Madras School of Social Work, Chennai	Affiliated to Madras University	74%	2016
Class XII	St. Joseph of Cluny M.H.S.School, Neyveli	State Board	74%	2013
Class X	St. Joseph of Cluny M.H.S.School, Neyveli	Matriculation	87%	2011

#### **Other Courses**

Certificate course on

- "Dyslexia" at Kids Learning Centre, Anna Nagar, Chennai
- "Career Counselling" at Transcend Centre for Personal Excellence, Virugampakkam, Chennai.
- "Current Trends in Developmental Disabilities" at Women's Christian College, Nungampakkam, Chennai.

#### **Papers Presented**

Title	Institution	Date	Year
The Effect of Love Styles on Hope and Marital Attitude	Guru Jambheshwar University of Science and Technology, Hisar (Haryana)	March 9 <sup>th</sup> and 10 <sup>th</sup>	2018
Wellbeing among young adults based on their relationship with mother and best friend	Sri Ramachandra University, Chennai	Feb 25 <sup>th</sup>	2015
Occupational Safety of Adolescence	Madras School of Social Work, Chennai	January 23 <sup>rd</sup> and 24 <sup>th</sup>	2015
The impact of Self- Acceptance on Alcohol Addiction	Indian Association of Life Skills Education in collaboration with Loyola College of Social Science, Kerala	February 20 <sup>th</sup> to 22 <sup>nd</sup>	2014

#### **Papers Published**

Title: A study on the impact of Self-Acceptance on Alcohol Addiction

ICBN: 978-93-83842-13-1

Title: Occupational Safety of Adolescence

ICBN: 978-93-81992-64-7

Title: The Effect of Love Styles on Hope and Marital Attitude

Print Version(ISSN: 2349-3429) & Online Version (ISSN: 2348-5396)

# **Traineeship Experience**

Interned for 1 month each at the following places

- Chudar(NGO), Royepettah, Chennai.
- Devi Academy Senior Secondary School, Valasaravakkam, under the organization Transcend-Centre for Personal Excellence.
- Cancer Institute, Adyar, Chennai.
- Wisdom hospital, a De-addiction centre at Saidapet, Chennai.

# **Responsibilities Handled**

- NSS Joint Coordinator at Madras School of Social Work (August 2019 Present)
- Treasurer of Anti-Narcotics Club, Madras School of Social Work, for the year 2015-2016.

# **Extracurricular Activities**

Volleyball and Athletics.

#### Declaration

I hereby declare that all above information is true to the best of my knowledge.

Place: Chennai

Date: 06/01/2020

ANANYALAKSHMI.V.R