



## UGC & NISD Sponsored National Conference on

Elderly Wellbeing and Intergenerational Bonding  
15<sup>th</sup> & 16<sup>th</sup> March 2019

Sponsored by  
UNIVERSITY GRANTS COMMISSION, NEW DELHI

Supported by  
OLD AGE CARE DIVISION, NATIONAL INSTITUTE OF SOCIAL DEFENSE, *Ministry of Social Justice and Empowerment, Govt. of India, New Delhi*

Organised by

Social Work Forum, Department of Social Work (Aided),  
Madras School of Social Work, Chennai-8.

Venue : TAG-MSSW Auditorium, MSSW.

The University Grants Commission (UGC) & Old Age Care Division, National Institute of Social Defense (NISD), *Ministry of Social Justice and Empowerment, Govt. of India, New Delhi* Sponsored National Conference on Elderly Wellbeing and Intergenerational Bonding was held on 15<sup>th</sup> & 16<sup>th</sup> March 2019. This conference will help to promote positive attitudes and approach towards the elderly. Prevention and control of health problems of elderly necessitates a multifaceted approach incorporating active collaboration of health, social welfare, rural/urban development and legal sectors. Provision of quality assured health-care services for the elderly population is a challenge that requires joint approach and innovative strategies. Failure to address the needs of elderly today could develop into a costly problem tomorrow.

The conference has 29 paper presentations by the researchers, practitioners, and Academicians across the nation against 38 full papers submitted and 81 abstracts, more than 100 Participants from various colleges across India, practitioners as delegates from Non- governmental organisations and we acknowledge the presence of our elderly – the **words of wisdom** from Mercy Home through Mr. Muthukrishnan, Helpage India

The conference had insights from eminent experts working in the field of geriatric care with a focus on health care interventions, elderly health demography, rising issues, challenges, social work practice in the field.

The conference was inaugurated by the Chief Guest **Thiru. P.Thamarai Kannan IPS**, Addl. Director General of Police, Chennai, **Prof. Subhabrata Dutta, PhD.**, Professor, Dept. of Social Work, Assam University, Assam, deliver the keynote address, **Prof. Shahin Sultana, PhD.**, Professor, Pondicherry University. will enlighten us on **Intergenerational Bonding & Elderly Wellbeing** are vital and the same is our conference broad theme, **Prof. F.X. Lovelina Little Flower, PhD**, Prof & Head, Bharathiar University will address the gathering in her plenary talk on **Elderly Well-being : Issues and Challenges**, Yes evidence is must for any field work and especially for understanding the wellbeing of elderly and develop the bonding with elders is a must for today's generation to bridge gap between children and elders, **Dr. P. Sigamani, PhD.**, Associate Professor & HOD, Raman Fellow, Dept. of Social Work , , Central University of Tamil Nadu will deliver the need and importance of **Evidence Based Practice in Elderly Healthcare**.

Dr. Sridhar Vaitheswaran, Consultant Psychiatrist, SCARF, chennai; will speak on Mental Health and Elderly Wellbeing, **Ms. Hannah Evangeline Sangeetha** PhD part time Research Scholar & Asst. Prof, Loyola College, Chennai will present her research on **Active Aging and Quality of Life of Rural Elderly Women**, **Ms. Laasya. S** the Senior Reporter- Media and Elderly Wellbeing, Ms. Lalitha, Advocate, Madras High Court, **Legal Provisions and Challenges in Elderly Wellbeing**, **Mr.T.Rufus Singh, Phd** Research Scholar and Asst.Prof, MSSW- **Migration of Youth and its Effect in Elderly Wellbeing**. **Intergenerational Solidarity – Five family members with three generation will share their experiences on wellbeing and intergenerational bonding practice in their family**, our alumnus and media person Mr. Jayachandran will moderate the session.

The second day of our conference will begin with the paper presentation in five different venues by the academicians, practitioners, students, **Dr. M. Velusamy, PhD.**, Alagappa University -**Support Systems for Elderly Wellbeing** , **Panel discussion session on** Intergenerational Bonding & Elderly Wellbeing - **Dr. L. Ravi shankar**, Consultant Psychiatrist, R S Home for Disabled, **Dr. Praveen Pai**, Geriatrician, Magics, Kerala, **Thiru. A. Selvaraj**, Assistant Editor-Crime, The Times of India, **Ms. Divya**, Co-ordinator, Vayomithram Project, Kerala Social Security Mission, Kerala.

**Parallel session on Therapeutic Intervention for Elderly Well being- Tai-Chi- Dr. Ganesh Kumar, PhD.**, Consultant Psychologist, Raju Hospital, **Cognitive Retraining for Elderly- Ms. Preenu Ashok**, Asst. Prof, CTTE. & **Mr. Manikandan, S. PSW**, **Expressive Therapy for Elderly- Ms. Simona**,

**Expressive** Therapist. **Dr.S.Vijayakumar**, Director, Institute of Neurological Sciences, Chennai will deliver a talk on **Spirituality & Geriatrics**

***The valedictory function Prof. K.N.George, Former Director, MSSW will be Awarded by the Department for his Exemplary Professional Service in Social Work Education and Practice*** in this country, particularly in South India, through his professional zeal and passion. Dr. Fatima Vasanth, Former Principal, MSSW and Deputy Principal of Loyola College will deliver the valedictory address.

As an outcome of the Conference, the papers by the experts, researcher scholars, practitioners and academicians are compiled and will be published after the conference.

Hope the deliberation of the conference will bring a treasure of knowledge, networking, connecting – practitioners, researchers and academicians in the field of elderly. The conference proceeding will be submitted to the Government of Tamil Nadu and to the National Institute of Social Defence for the implementation of various Elderly wellbeing policies and programmes to strengthen the bonding among generations.

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