

EXTENSION CENTRE (MSW-AIDED) 2019-2020

P. G Department of Social Work (Aided) MSSW, with the collaboration of Guild of Service runs a study centre at Mangalapuram, Chetpet, as a part of their community extension program. The department is providing MSW 1st^{&II} year students an opportunity to work with Mary Club Wala Jadhav students those who are in need as well to work with the community. Accordingly the student Volunteers are sent regularly to study centre to assist the students in education. Also very frequently the motivational talk is being added on to keep the students on Track. As part of our extension activities, we have conducted Medical camp on 1.2.2020(Saturday) at chetpet community between 10.00 am to 2.30pm. We have invited the specialists from ENT, EYES, DENTAL and GYNAECOLOGY. Out of this Mega camp more than 300 persons benefited out of it and referred to various hospital centres for further treatment.. The follow up activities are progressing now. Now the centre is keen on registering the domestic workers from the community to link with registered association for their betterment.





About Extension Centre (100 Words)

The extension centre established by MSW (Aided) collaboration with MCJ- guild of service, adopted chetpet area known as Below Poverty Line Community(Slum). The members associated with this centre are Dr.S.Rajasamel (Principal), Shri. Himani Datar, Hon. secretary,(G.O.S),Dr.J.S.Gunavathy, Head, MSW(Aided),Mrs. Uma, Executive officer, Dr.P.Amuthalakshmi, the extension coordinator. The main works of this centre is examining the demographic characteristics of slum dwellers and know more about the problems and constraints of residing in slums. The survey has been taken and the universe of the study is residents in and around Chetpet Slum namely the residents of Mangalapuram, Brindhavan, M.S Nagar and Jaganathapuram. Accordingly their Living Condition, Health, Hygiene and Awareness on government schemes, economic issues have been analysed. Also, the area has “Study Centre” established by Guild of Service . The poor students those who are studying in Mary Clubwala Jhadav (MCJ) school gets benefit out of it. The MSW students from first and second Years have been volunteered in guild of service study centre project in tutoring young girls between 3rd standard to 9th standard from 1st of july 2019 till the Mid of March 2020. Also the department takes interest in reaching out the external sources (N.G.O,S& PRIVATE ASSIGNMENTS, EMERGENCY INTERVENTIONS ETC.) through this centre.

Co-ordinator's Desk (Your message to the viewers in 50 Words) *

It is high time to take up the roles and responsibilities to be a coordinator in extension centre. This is the platform where one can reach the community and to analyse their needs and wants. It is a wonderful opportunity where one can collaborate with men, women, children, adolescents, Youth, elderly, differently abled, those who are expecting somebody's interventions to lift themselves. To help the above needy person's , the centre has been collaborating with government sectors for suitable schemes, health officials for Medical camp,, sports personnel's to motivate youth, Career guidance from N.G.O's. It gives happiness and satisfaction for the coordinator.

ACTIVITIES OF THE CENTRE

S.NO	DATE	PROGRAMMES HELD
1.	15.7.2019	Project Puthri
2.	31.7.2019	Assam Bihar Relief fund
3.	14.8.2019	Independence Day Celebrations
4.	13.9.2019	Tulir Programme
5.	4.10.2019	Mothers Meet& Awareness on Registration of Domestic Workers
6.	9.10.2019	Puppetry on prevention of child sexual abuse and talk on Menstrual Hygiene
7.	6.12.2019	Awareness programme on violence against women
8	1.2.2020	Health camp
9	26.2.2020	First Aid Programme

10	27.2.2020	Motivational Programme
----	-----------	------------------------

PROJECT PUTHRI (15.7.2019)

PUTHRI is India's first ever developmental project that seeks to create Career Intentionality among underprivileged girl students. It is an initiative by AVTAR Human Capital Trust (AHCT), a not for-profit public charitable organization, working in the field of economic empowerment of women.

PUTHRI CONCEPT

PUTHRI is India's daughter from an underprivileged family, studying in Corporation or Government School, between the age group of 13 & 18 years, studying in classes 8th to 12th who will be trained through a combination of classroom sessions, games and corporate exposure, to understand her capabilities better, prevent her from dropping-out of school, helping her build meaningful relationships and developing the necessary skills to be successful in her career.

HOLISTIC APPROACH

At project PUTHRI, we follow a holistic approach of providing complete & wholesome education to every PUTHRI scholar. Our various intervention programs in collaboration with partners, helps us help & enable every PUTHRI to equip herself for a career intentional goal in life.

PROGRAMS

- Attitudinal training for over a period of 5 years, beginning from class 8th till class 12th, delivered through a combination of classroom sessions, games and corporate exposure, helping the students understand their capabilities better, preventing drop-outs, building meaningful relationships and developing the necessary skills to be successful in their careers.
- Tertiary education (Graduation) and enable them to get into white-collar jobs to help them come out of poverty and help their families and future generations to live a life of fulfillment and advancement.
- CAREER INTENTIONALITY mentoring & training till the age of 18 years and till they complete their graduation. This mentoring will ensure that the girls make informed decisions in life, including marriage, childbirth etc, by bringing down infant mortality rates, domestic violence and sexual abuse.
- Health & hygiene education, including knowledge on malnutrition, healthy eating habits and how it will lead to begetting healthy children and raise them better for a brighter future.

- Empower them with digital knowledge & economy, so that they get into white collar jobs and directly contribute to the increase in GDP of our country, which is expected to grow by an additional 2.9 trillion USD, by 2025, if we achieve Gender Parity.

ORIENTATION:

An orientation was arranged for the student trainees of MSW (Aided) department regarding volunteering program for 'Project Puthri'. This orientation took place on 15.7.2019 at the first floor from 12.30pm to 1.15pm.

The class strength of 47 students participated in the orientation. Then a co-ordinator from 'Project Puthri' Mr. Prince Jacob gave the orientation about 'Project Puthri'. And the faculty in charge of co-ordination of the resource person was done by Dr. Amutha Lakshmi.

The orientation started from the initiative where it was brought up from and how the social work trainees can volunteer themselves for the program. An initiative from AVTAR Human Capital Trust to make 10,000 under privileged girls, career intentional every year.

VISION:

Puthri's vision, an India, Where young girls at the bottom of the Socio-economic Pyramid are able to rise to their fullest potential by breaking out of the domestic labour economy to graduate into the knowledge economy thus, eventually being able to contribute directly to GDP of our country.

MISSION:

To make 10,000 corporation school girl's students across Tamil Nadu & Pondicherry 'Career international' every year, facilitate girl students into tertiary education and ensure a white-collar job upon graduation. Project PUTHRI turns the spot light on India's daughters studying in Government schools of standard 8th to 12th. It seeks to redesign the destinies of these girls from lower economic backgrounds right from their childhood into their adulthood as young working women, by providing them education and the required support system in the form of enablers like mentors, role models and career coaches throughout their development. And the role of the volunteers is to provide soft skill training to the students and make them career orientational through the training.

An inspiring video about women achievers was played as a part of the orientation to make the students know about the goal in which they are going to work for.

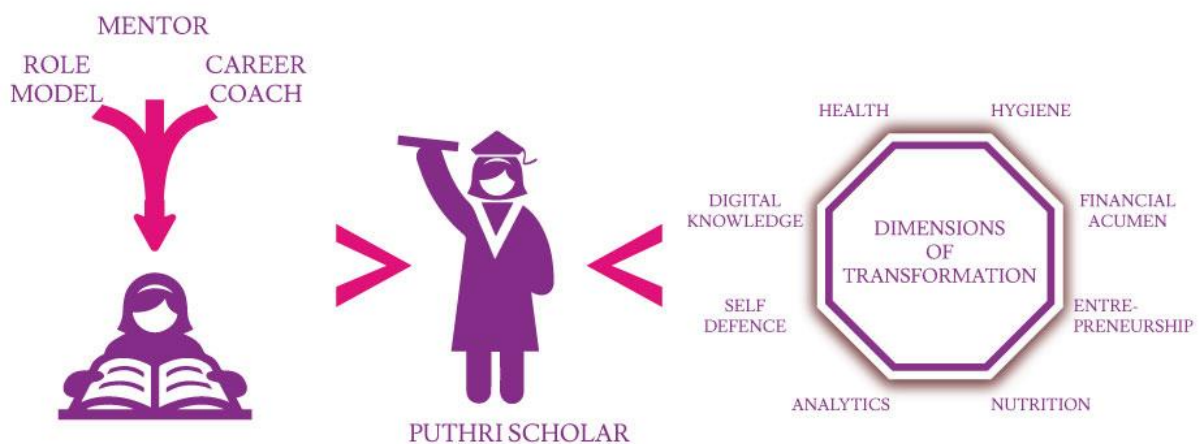
They consider Three Pillars of supports with are:

- Mentoring
- Role model
- Career coaching

The Co-ordinator of the 'PUTHRI'project game us brief explanation about one day TOT program and the certificates.Also about the volunteering period of 30 days.Then the Students gave their Names for the voluntary program.

As the students of MSW (aided) were very much active in the puthri project an award was given to MSW (Aided) department. And our faculty Dr.P.Amutha Lakshmi gave us an insight about the timing and managing our curriculum along with the project volunteering.Then the Session got over by 1:30 p.m.

REDESIGNING DESTINIES





ASSAM BIHAR RELIEF FUND

The PG department of Social Work (aided stream) has planned to collect money as floods continue to wreak havoc in Bihar and Assam.

Sensitisation

1) Flash mob to raise awareness on Monday the 29th of July 2019, during the break time of both aided and self financed between 10.45am -11.15am and 4.00pm-4.30pm in the campus ground.

2) Class wise sharing of information to students and asking for donations by volunteers with a request to spare class time from the respective faculties;

Shift I: BSW & B.Sc I, II, III; 11.15am -11.20am.

Shift II: MSW, [MA.DM](#), M.Sc, MA [I & II]; 4.30pm- 4.35pm.

3) Appeal to teaching and non- teaching staff about the initiative.

4) Social media campaign, to MSSWian, Facebook page, whatsapp groups existing among various classes, etc.

Fund-raising:

1) Class wise sharing of information to students and asking for donations by volunteers with a request to spare class time from the respective faculties.

2) Donor boxes on different places of the campus under watch for a limited time period on Monday & Tuesday, the 29th and 30th of July, 2019.

~entrance of the college from 7.30am- 8.00am,

~canteen during the break time 10.45am-11.15am and 4.00pm-4.20pm.

NOTE:

- All funds raised will be transferred to the GOONJ NGO's HDFC bank account through the MSSW bank account as it is the one preferred as it has been alleged to be transparent in their accounts and trustworthy.

- Contribution is purely voluntary and not to be enforced.

- This initiative is extended to only MSSWian.

- All contribution should be through designated students and at designated venues on the scheduled dates.

18TH OF JULY 2019

- Floods ravage north-east India & Bihar, IMD declares red color warning for Assam
- In Assam. Flood water have submerged 30 of 33 districts of Assam, with over 40 lakh people affected
- Heavy rains continue across the north- eastern parts of India worsening the flood situation, which has left lakhs of people displaced in Bihar, Assam and a few other north-eastern districts.
- The India Meteorological Department (IMD) has declared a red color warning for action for Assam on Tuesday, as widespread and heavy rainfall is likely to continue over Assam during next 24 hours and decrease thereafter.
- However, the forecast indicated that the rainfall activity over Bihar has decreased and is likely to decrease further during next two-three days.
- As many as 24 people have lost lives in Bihar with over 12 districts facing a severe deluge. Large scale damage has been reported from Sheohar, East Champaran, Purnea, Darbhanga and Kishanganj.
- According to a Water Resources Department bulletin, five rivers -Baghmati, Kamla Balan, Lalbakeya, Adhwara and Mahananda are flowing above their respective danger levels at various places in the state due to incessant rainfall occurring in the catchment areas of the rivers in India as well as in their source regions in Nepal.

21st OF JULY 2019

- The students of Madras school of social work had an idea to start an initiative for the other fellow college mates to donate to the assam and bihar people who are really in need of help
- As the students cannot visit the base directly, the student trainees puts up an idea in front of the group and gets suggestion from everyone.
- The student trainees start a brief discussion about the assam flood relief and the different ways to approach the current situation
- The student trainees come with different suggestions to gather attention from the other college mates
- The student trainees after a brief discussion decides to take the current situation to the head of the department and other staff members

22nd OF JULY 2019

- The student trainees after explaining all the current situation to the staff coordinators, the staffs were very happy for the initiative and instructed the student trainees to get the official conformation from the principal
- First official discussion about the assam flood relief happened today
- The different suggestions were taken into account
- The students came to an conclusion that the student shall work on
 - Flash mob
 - Common collection boxes
 - Awareness
 - Collection boxes from each and every class

Fwd: Assam Flood Relief Activities
26th OF JULY 2019

- The student trainee plans for the flash mob in the college campus and starts the preparation for the same after the classes are done.
- The student who are good in dancing starts choreographing and other fellow members follow the same
- The donation boxes are planed accordingly and the student trainees who have to collect the money from the classes are allocated

27th OF JULY 2019

- The student trainee starts the flashmob work seriously and every student trainee is trained to dance accordingly.
- The donation boxes are prepared according and the holes are done
- The banner for the campaign are done and the posters and the pamphlets are prepared accordingly
- The student trainees and allocated their work so that they start their work accordingly
- The accounts for the same are prepared accordingly.

INTRODUCTION:

In Assam, the death toll climbed to 75 with one more person succumbing in Dhubri, while water level rose in seven districts of the state.

In Assam, the death toll climbed to 75 with one more person succumbing in Dhubri, while water level rose in seven districts of the state.

Due to release of excess water from Kuricchu Hydropower reservoirs in Bhutan's Kuricchu River, western Assam districts of Barpeta, Nalbari, Baksa, Chirang, Kokrajhar, Dhubri and South Salmara are facing rise in flood water level.

According to the Assam State Disaster Management (ASDMA), 34,92,734 people in 2,753 villages in 18 districts are affected by the deluge.

Flood water entered Bihar's West Champaran taking the total number of deluge-hit districts in the state to 13 on Thursday, but with no fresh deaths reported, the toll remained unchanged at 123, officials said

West Champaran was inundated following torrential rains in the past few days, they said.

The Bihar disaster management department said 82.12 lakh people under 1,241 panchayats of 106 blocks in the 13 districts were affected by the flood, and relief and rehabilitation work was going on in full swing

INITIATIVE :

The student trainees of the MSW (AIDED) decided to take an initiative to support the people who are effected by the floods in the Assam and Bihar floods.

The student trainees aggressively collects all the data related from various sources and conducts a small meet with all the students for a brief discussion about the same.

The student trainees discussed about the problems of transporting the commodities.

The students took the matter to the staffs and the staffs encouraged the student trainees to proceed with the campaign preparations.

PLANNING:

The student trainees plan for 3 things to focus mainly in the assam bihar flood relief campaign:

1. Flash mob for attention
2. Donation boxes near the library and the wisdom tree
3. Class wise collection of donation

PRE PREPARATION :

- The student trainees decided to take their Saturday and Sunday and start preparing for the flash mob and the other students decided to go with poster making and the donation boxes preparation.
- The student trainee also prepared banner for attracting the crowd. The works are allocated accordingly for the collection of donation in various classes and the shifts are decided according the their availability.

THE AWARENESS CAMPAIGN:

- The awareness campaign was planned on 29th of july 2019 in the open air auditorium. The student trainees planned to start their crowd gathering session by taking the help of the officials who are responsible for the speakers and the mike sets in the college.
- The flash mob was organized in both the intervals in the college
- The first flash mob was from 10:45 am to 11:00 am and the second flash mob was from 04:00pm to 04:15pm

- The basic details were given to the gathering and the funds were collected. The student trainees also approached each and every individual class and collected donation.

The student trainees decided to keep the donations boxes in college for an another day due to the request of the fellow students.

NGO – GOONJ

Goonj envisions to grow as an **idea** across regions, economies and countries using urban discard as a tool to alleviate poverty and enhance the dignity of the poor in the world. Address basic but neglected issues of the poor by involving them in evolving their own solutions with dignity and urban material as reward.

The money collected Rs.17,005 was handed over to the NGO GOONJ in the head office at S.Kolathur.

BUDGET

DR.

DATE	PARTICULARS	AMOUNT
2019		
26-Jul	To banner a/c	355
26-Jul	To cardboard boxes a/c	60
26-Jul	To cello tapes	40
26-Jul	To paint brushes a/c	90
26-Jul	To old carton box a/c	25
26-Jul	To gift wrappers a/c	150
		715

CONCLUSION

It was a complete useful experience working at the ASSAM BIHAR FLOOD RELIEF CAMPAIGN. The staffs gave the student trainees with full opportunities to learn and know ourselves as a worker. This experience brought out our strength and also the areas we needed to make up. It added more confidence to our Professional approach built a stronger positive attitude and taught the student trainees how to work in Team as a player. The primary objective of the campaign is to gather a real life working experience and put their theoretical knowledge in practice.

Student trainees also learned the values and importance of this campaign and experienced that this is much superior field than most of the other field during my training. As a human being, we noticed many changes in our attitude. we are more confident and more likely to do any work now.

During the campaign, we thoroughly enjoyed the challenges that came along every single day. We learned that this is just the beginning of the road and we have a long distance to be a successful person in this field. But we must say that this experience will prove us as a better citizen in the Country.

INDEPENDENCE DAY REPORT

The 73rd independence of our country was celebrated at GOS Study center on 14th august 2019 Wednesday. Mrs. HimaniDatar; GOS secretary, Dr.Amuthalakshmi ; faculty coordinator, Mrs.Samarpana ; Research scholar , Mrs. Alameluakka , student volunteers and the students together celebrated the independence day. The programme started at 5.30 pm and continued till 7 o clock. Almost all the students participated for the cultural programmes. As soon as children reached the study center they started decorating the rooms with colour papers. And they also decorated the black board with colour chalks. The national flag badges were distributed to all those who were there in the study center. Students were excited to distribute the flags and was in a competitive mood to distribute more flag badges.

As usual the snacks and milk was distributed for all the children as well as the supervisors. The programme started by the welcome speech delivered by Dr. Amuthalakshmi . She invited all of the members and also conveyed Independence Day wishes. After which Himani mam delivered the presidential address and gave the children Independence Day message. Her speech was very motivating. She also gave an overview of guild of service and their programmes. The most interesting part was Mrs. Samarpana's "daily bread" session. She gave colour papers to all the students and asked to prepare a schedule for the coming day. She asked them to practice three "P" principles that is Plan, Process and Preparations. Since it was running out of time she asked to write it and hand over it to her as soon as possible. The cultural programmes started at 6.30 pm. Veronica spoke about Independence day, Poornasree talked about Nehru, Sadhana delivered speech about mahatma Gandhi and Priyadarshini recited a poem which is written by Bharathiyar. Geethapriya and a gang of students did a skit about the changes of society such as change in dressing style, technological advances for washing cloths and for food. They portrayed the difficulties for preparing the food and then showed the new advances of booking food in one click. After the role play Blessy and gang came up with a group dance. Then Geethapriya and Madumitha gracefully danced for the 'Nannare' song. The vote of thanks was delivered by Alameluakka, after which she called the slogan "bharathamathi jai" with full spirit and all the children called it again and again with full spirit which awakened the patriotic feelings inside the children. Before concluding chocolates were given to all and dispersed happily.









A REPORT ON TULIR –NGO

Tulir in Tamil means Tender leaves of a plant.

World is in the advent of development of technology. It is not only necessary to be updated but also to be aware of the hurdled prevailing in the environment and to overcome them without any flaws.

The primary motto of social work is “to help people to help themselves” such a way an NGO named TULIR had an orientation even in colleges. The target audience is generally students on their every occasion of orientation.

The same programme was organized in 13th of September, Saturday. It started by 01:30 P.M in MSSW auditorium with a welcome address by Ms. Jafrin Afsara from MSSW 1st year and Ms. Vidhya, who is part of NGO continued the session with a brief introduction and other vital information.

ABOUT TULIR

TULIR centre for the prevention and healing of Child Sexual Abuse (CBHCSA) is a registered non – Governmental organization committed to working against child sexual abuse in India.

- ❖ Contrary to a widely held perception, a society's integrity and worth is not based on whether cases of child sexual abuse exist. They do exist sadly they exist in silence due to a host of factors headed by the discomfort it generates if acknowledge. Instead TULIR – centre for the prevention and healing of child sexual abuse believes a society's integrity is based on the acceptance of the problem and proactive steps taken to respond in a timely and appropriate way ensuring that its children may benefit from its caring and foresight, and truly have the right to feel safe all the time.
- ❖ Tulir has the audacity of hope that it will not be before long that the larger community realizes the prevalence, with the subsequent significant impact and accompanying physical, social and health costs for it to be considered a serious public health concern which needs to be prevented and addressed.

MISSION STATEMENT:

- ❖ Prevention and healing child sexual abuse require equal parts of caring, optimism and pragmatism Tulir assumes that caring and optimism already reside within the majority of people and thus focuses on the pragmatic how to translate the abstract notions of prevention and healing into a blueprint for action.
- ❖ Prevention has increasingly gained recognition as the most prudent and cost effective strategy for addressing child sexual abuse. The concept of personal safety education, works to allow every child the right to feel safe all the time.

OBJECTIVES:

- ❖ To support and participate in local, national and international efforts to promote and protect the rights of the child.
- ❖ To raise awareness on child sexual abuse advancing practice to prevent and address cases of child sexual abuse with a special emphasis on the psychological well being of children.
- ❖ To provide direct intervention services in the areas of prevention and healing of child sexual abuse.
- ❖ To undertake research documentation and dissemination of information on child sexual abuse.

RESOURCES:

- ❖ A parents practical response to child sexual abuse.
- ❖ Schools and child sexual abuse: Roles, responsibilities
- ❖ Personal safety workbooks

- ❖ Preventing and healing child sexual abuse: A bible based Sunday school curriculum for churches.
- ❖ Doesn't every child count? : A study on the prevention prevalence and Dynamics of child sexual abuse in India (Chennai)
- ❖ ICE resources.

“The world is a dangerous place to live ,not because of the people who are evil but because of the people who don't do anything about it

- Albert Einstein “

HARASSMENT

Harassment prohibits speech or action which is severe or pervasive enough to create a hostile or abusive work environment.

CAUSES OF HARASSMENT:

- Race
- Religion
- Sex
- National origin.

TYPES OF HARASSMENT:

- Discriminatory harassment
- Personal harassment
- Physical harassment
- Power harassment
- Psychological harassment
- Cyber bullying
- Retaliation.

SECTIONS UNDER HARASSMENT:

Section 32 of the disorder act 1998 now provides that where a commits an offence under section 2 or 4 of the protection from harassment act which is racially religiously aggravated.

According to (section 354AIPC) sexual harassment is the sexual harassment of women at workplace (prevention and prohibition and redressal) Act and rules 2013.

According to section 354D IPC, stalking is continuously following a woman or contacting her, it is punished by three years for a first offence, and five years for repeat offences.

The crime under the Indian penal code a(IPC)

1. Rape (section 376 IPC)
2. Kidnapping and abduction for different purposes (sec 363-373 IPC)
3. Molestation (sec 354 IPC)
4. Sexual harassment (sec 509 IPC)

Smart Ways To Keep Yourself Safe



THE PERSONAL SAFETY RULES:

- ❖ It's never alright for someone to touch your body parts except to keep you clean and healthy.
- ❖ It happens or if you feel confused, uncomfortable or unsafe about any touch say NO and yet away.
“IT'S NEVER YOUR FAULT”
- ❖ Never keep a secret about a touching problem. Tell a trusted adult and keep telling you get the help you need.

SERVICES PROVIDED:

❖ Research and documentation:

Research and documentation projects are undertaken with an aim to expand knowledge base, advance practice and evolve better strategies within the Indian context to combat child sexual abuse.

Tulir CPHCSSA's study in 2006, conducted among 2211 school going children in Chennai, indicates a CSA prevalence rate of 42% children of all socio economic groups were found to be equally vulnerable, while 48% of boys reported having been abused the prevalence rate among girls was 39%. 15% of the boys and girls were severely abused.

❖ Resource development:

Development and publications of booklets, posters, training guides and multimedia resources on child sexual abuse, including materials specifically designed for different stakeholders group.

❖ Advocacy and networking:

Since attitudinal change is only possible with information, creating and raising awareness and sensitization is a key priority of TULIR

It works towards achieving this goal by periodically organizing public awareness and sensitizations programs and campaigns and by make use of different platforms to bring the issue to the front line of public consciousness.

This includes joining with individuals, groups and organizations and networking with different professional sectors, such as law enforcements, judiciary health care and education.

Partnering with media and writing on issues to provide better and sensitive visibility to the issue to a constant effort. The quarterly newsletter of TULIR (CPHCSA) [Aawaaq](#) is another vehicle of advocacy and networking for spreading awareness.

❖ Personal safety education:

Personal safety education is a school based curriculum that empowers children to participate in their own protection. The three integral components of the methodology of providing age appropriate information developing assertiveness and decision making skills and promising self esteem to translate learning into practice. Besides it strengthens the capacities of those professionally, socially and morally

responsible for the protection of children that is the government, parents schools and the largest community.

❖ **Training and consultancy:**

TULIR training programs are designed to meet the requirements and needs of various professionals and non professionals sectors and include sensitization and skill building programs for teachers, social workers, doctors, parents and other multi disciplinary stake holders crucial to an effective response.

Training workshops also extended to organizations workings on varied issues – child labor, child rights, HIV/AIDS, academic institutions, equipping them with the skills and knowledge required to effectively respond to the sexual abuse of children.

TULIR believes in sharing its knowledge, resources and expertise with other organizations for a better response to child sexual abuse by providing consultant in research and practice areas for other organizations working on related issues.

❖ **Healing and intervention:**

A multidisciplinary approach is the basis of therapeutic services for abused children and is premised on the holistic caring with socio legal assistance.

POCSO act amended: Death penalty for child sex abuse

The union cabinet has given its nod to amend certain section of protection of children from sexual offences (POCSO) Act, 2012 to include provision of death penalty in case of sexual offences against children.

Sections four, five and six are proposed to be amended to provide option of stringent punishment, including death penalty, for committing sexual assault and aggravated penetrative sexual assault crime on a child to protect the children from sexual abuse.

Section 9 to protect children from sexual offences in times of natural calamities and in other situations where children are administered in anyway any hormone or any chemical substance to attain early sexual maturity for the purpose of penetrative sexual assault.

Section 14 and 15 of POCSO act to levy fine for not destroying, deleting or reporting the pornographic material involving a child with an intention to harass or transmit it.

Amendment is proposed to be carried out in section 2,4,5,6,9,14,15,34,42 and 45.

SALIENT FEATURES:

Clear definitions and descriptions of offences

- ❖ Penetrative sexual assault
- ❖ Aggravated penetrative sexual assault
- ❖ Sexual assault
- ❖ Aggravated sexual assault
- ❖ Sexual harassment of the child
- ❖ Use of child for pornographic purposes

- There was an online poll with many questions slido.com and this helps in analyzing the perception of general public and helped to arrive at a conclusion
- Following the orientation a video was played which had a real time appeal people shares their own struggles to overcome the incidents.
- The programme ended by 03:30 P.M the end of the session was interactive with welcoming questions with lot of suggestions and solutions in return.

The programme was concluded with a vote of thanks by Ms. Nandhini and as a social work trainee would like to thanks the co-ordinator and organizer of the programme Dr. P. Amuthalakshmi for an opportunity to leant the importance of voicing out and build a healthy mind in solving problems and bravely overcoming the situations and circumstances.

MOTHERS MEET& AWARENESS ON REGISTRATION OF DOMESTIC WORKERS

On 04th October 2019, the team conducted another session at the GOS Study Centre for the students and their mothers. The session was anchored by Ms. Jeena. Mrs. Uma (Executive Officer) addressed the gathering. Mrs. Himani Datar (Hon.Sec. GOS – Central) headed the Ayudha Pooja which was followed by cultural performance by the students of the centre. Mrs. Poonguzhali, the resource person for the day from Domestic Workers Association spoke about various schemes available for students, mothers and domestic workers. The session ended with Vote of Thanks by Ms. Arya and refreshments.

- ❑ Ms. Poonguzhali from Domestic Workers Association addressed the gathering on the benefits of **registering to Domestic Workers Association.**
- ❑ She also addressed the children to note down & convey the message to their parents who hadn't come.
- ❑ One of the mothers began to talk on the **fee hike in the Mary Club Wala school** and how there weren't any visible improvements to be seen.
- ❑ **Mrs. Himani Datar**, hon'ble secretary of Guild of Service being present urged the social work trainees to **write a letter addressing the issue and get the parents signature.**
- ❑ Thus, in the event, the mothers could address the problem and find hope.





PUPPETRY ON PREVENTION CHILD SEXUAL ABUSE AND TALK ON MENSTRUAL HYGIENE AT MARY CLUBWALA JADHAV GIRLS HIGHER SCHOOL, EGMORE.

OBJECTIVE

- To spread awareness about child helpline and menstrual hygiene

On 9th October 2019, as an extension programme, the team performed Puppetry on prevention of child sexual abuse for students of classes 7th and 8th at the Mary Clubwala Girls Higher School. Ms. Razia, MSW (Aided) student spoke to the crowd about the importance of menstrual hygiene. The session was an interactive one where the team members and the students communicated in a comfortable environment

1. Menstrual Hygiene, Safe and Unsafe Touch and Career Guidance.

- ☐ Only girls; without parents thereby, girls were **very open** in discussing their curious thoughts. They weren't afraid as we were young adults- **students found comfort** among us.
- ☐ Superstitious myths and the dangers of cloth usage awakened their eyes.
- ☐ Step by step methods on how to reach their ambitions, **provided them a clear pathway.**
- ☐ Motivational cartoons **kept them attentive** learning team spirit, **we feeling in classrooms.**
- ☐ Safe & unsafe touch/ child helpline cartoon very effective, tenderly addressed issue and prevention methods.
- ☐ Talk on Government exams **made students know the value of news** & always stay updated.



MADRAS SCHOOL OF SOCIAL WORK

(An Autonomous Institution Affiliated to the University of Madras)

32, Casa Major Road, Egmore, Chennai 600 008

College Off. : 28192824 / 5126 Principal : 28195125

E-Mail : principal@mssw.in Website : www.mssw.in

Dr. S. RAJA SAMUEL, M.A., Ph.D.
Principal & Secretary, College Committee

26th September 2019

To,

Senior Division Commercial Manager,

Madras Division,

Chennai 600003

CCI No:

Sub : Request letter to provide space to install common garbage bins in and around Chetpet railway lines.

Respected Sir/Ma'am,

The students of MSW (1st year) Batch 2019-2021 from Madras School Of Social Work, have a component 'Project Field Work' as a part of their curriculum. As a part of their awareness 'விழித்தரு சேத்துபட்டி', the students conducted a survey in and around Mangalapuram, Brindhavan, M.S. Nagar and Jaganathapuram.

It was found that the residents of various streets of Chetpet residing near the railway lines are facing difficulties because of the lack of common garbage bins. Train passengers and commoners are littering the railway track sidelines and piled up garbage has become breeding centre for insects and mosquitoes.

Hence we request you to give permission to install garbage bins in the said area so as to eradicate the problem.

Looking forward to your support and co-operation.

Thanking You,

Dr. Amuthalakshmi

Project Co-ordinator
DR. P. ANOTHALAKSHMI
M.A., M.B.A., M.Phil., Ph.D.
ASSISTANT PROFESSOR &
RESEARCH GUIDE,
MADRAS SCHOOL OF SOCIAL WORK,
32, CASA MAJOR ROAD,
EGMORE, CHENNAI - 600 008.
Cell: 92921 12019

Forwarded to Senior Jms
for kind approval this matter
the only Jms with change as
only as possible
Jm

CHIEF OF STATION SUPERVISOR
CHETPET
SOUTHERN RAILWAY

Action Programme 5



AWARENESS PROGRAMME ON VIOLENCE AGAINST WOMEN

YOUNG WOMEN CHRISTIAN ASSOCIATION

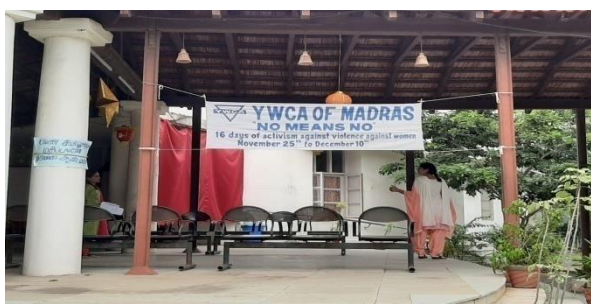
STREET THEATRE

INTRODUCTION:

YWCA (young women's Christian association of madras is non-governmental organisation working for women empowerment for more than 125 years. It also focused attention on the protection safety, dignity; right of the women sensitizes youth on this subject there by to make them agents of change. They seek to bring justice for women whether at home or at the workplace with special emphasis on the girl child. The YWCA aims to build self esteem through its various programmes of literacy, self employment through training programmes, and balwadis for the underprivileged and marginalized girls of the community. Today, there are 82 local associations working for the upliftment of women.

They implement many projects one of the projects was sahodori projects family counselling centre and public affairs and social issues department. This project celebrated Sixteen day activism against violence against women and they organise awareness programme (The theme of orange world) for this they needed voluntary students to perform Street theatre. So, we the team of 10 members from MSW (Aided) did street play on the topic of domestic violence and sexual harassment, women empowerment theme for that they approach college students to participated in street play, conference, and group discussion. So we from MSSW college students performed the street play which was held on 06/12/2019 (Tuesday) timing 3.00 pm to 4:00 pm.

Students



participated:

- Ms.Loganayaki
- Ms.Ancy babu
- Ms.Madhumitha
- Ms.Swarana
- Ms.Sathiya Ananthi
- Mr.Paul solomon
- Mr.Venkatesh
- Mr.Rohith jason
- Mr.Akshay kumaran
- Ms.Razia

CONCEPT OF THE STREET PLAY:

The team performed the street theatre, theme of domestic violence & sexual harassment. We made five scene first scene was about women undergoing domestic violence by her husband and mother in law, second scene focused on how a school going children affected sexual harassment. Third scene focused how sexual harassment happens in a school setting.

Fourth scene was sexual harassment in work place and how women employees undergo sexual harassment by higher official in the companies and industries.

In Fifth scene the students depicted how sexual harassment happen in public place, the students created a scene like a young girl waiting for bus at late night at that time two boys consuming alcohol and misbehave with that girl.

Finally we end up the play by how the women's want to be bravely come out of the domestic violence and sexual harassment. Then we make awareness on legislation and helpline number working for the women issues (harassment) some of the acts are:

Domestic violence act 2005

Sexual harassment of women at work place prevention, prohibition and redressed act 2013.

The protection of children from sexual offences acts 2012.

Then we end by the code called women can bravely stand for the abolishing of violence against women. These are the concept of the street play the main objective of the play was to make awareness on what are prevention methods are domestic violence and sexual harassment.

The foremost characters

Ms.Swarana as a victim of school children, Mr.Paul solomon as a head master in school, Ms.Loganayaki as a victim of domestic violence, Ms.sathiya Ananthi as a mother in law, Mr.Akshay kumaran as a auto driver, Ms.Madhumitha act a school going child, Mr.Rohith as a alcoholic person, Ms.Razia did a conclusion part and Ms.Ancy babu did supporting character. These are foremost characters in street play.

We had two days of practice one on 02/12/2019 and another one is 03/12/2019 then we showed to faculty coordinator after had a suggestion we changed according to it. We did the street play on 6/12/2019(Friday) timing 3:00pm to 4:00pm that was the 16th day of the celebrations other college also participated on the same theme of street play. We started our street play on 3:30pm first the introduction songs and by scene-1 domestic violence, scene-2 sexual harassment in school, scene-3 sexual harassment by school going children, scene-4 sexual harassment in work place, scene-5 sexual harassment in public place totally 19 minutes of play we did. Target audience are who working in that organisation total number of participation was 30. After the play we received positive feedback from the audience and the organisation then gave refreshment then we received the certificate which was issued by the organisation. Finally we took the group pictures and we winded up the program.

CONCLUSION:

We the team performed a well planned effective street play when compare to other college students. Then we proved we are social work students for the play each students contributed the best we didn't have more time to practice but in short period we did the best after consulting with organisations members given the positive feedback when compare to other college students because we the team focused all the issues against women at the same we made a awareness on social legislation and helpline number working for the women issues. Because of this we students also come to know about the legal provisions for the women development at the same time so many issues which are happening in the society.

Pictures taken during the street play

Introduction song



Conclusion part



Taking oath



Certificates issued by the organization

Final group picture



MEDICAL CAMP

Date : 01 – 02 - 2020
Time : 09:00 AM – 01:30PM
Place : Mangalapuram, Chetpet

Objectives

- To provide free health services for the people in the community of Chetpet.

About the Community

The health camp has been conducted to the residents in and around Chetpet Slum. Namely the residents of Mangalapuram, Brindhavan, M.S Nagar and Jaganathapuram. The population gathered was approximately from 5kms in and around the Guild of Service Study Centre, Chet pet. The study centre has been assisted by P. G Department of Social Work (aided) of Madras School of Social Work as a part of their community extension program. The department runs a study centre with the collaboration of Guild of Service by providing social work students an opportunity to work with the community. To cover the health needs of the community, the department under the leadership of Dr. Amuthalaksmi conducted a medical camp.

Pre- Preparations

To organize medical camp the coordinator contacted authorities of guild of service for reference. They have helped in arranging the doctors from their contacts. Accordingly, main focused areas of the medical camp was fixed on 01 – 02 – 2020 and identified the areas such as General check up, Eye, Dental and Gynecology. The volunteers prepared prescription books and tokens for the organization of the program. The arrangements for the camp were

made in a Public Health Centre in Mangalapuram. The tablets, tonic and ointments were donated by Bethany Health foundation, Chetpet, Chennai.

The resource persons details are as follows;

DR.RAM KUMAR,

M.N.EYE HOSPITAL,

No.781,T.H.Road,
Tondiarpet,
Chennai – 600 021.
P: +(91) - (44)-25956403 / 25987940
M: +91 9597477711
E: drchalini@yahoo.com, mneyehosp@yahoo.com

Chairman / Secretary
BASKAR DENTAL FOUNDATION
(A Registered Non-Profit Charitable Organisation)
54, G.N.Chetty Road, Thyagaraya Nagar,
Chennai - 600017
Phone: +91-44- 28153118 / 28154639
Fax: 28155267: Email: mail@dentalfoundation.in
Website: www.dentalfoundation.in

Dr.Rita gnanavendhan, **Gynecologist,**
FLORA CLINIC,
AGNANABAKKAM,
9444926086,

Dr.P.Thirumalairajan,
Basker Dental foundation,
Old Thirumangalam,
ph: 9840428211

Medical Camp

The camp started at 9:00 AM and the tokens were distributed at the same time. The patients were seated in the compound in the arranged chairs. Registration was a three level process. First level was done by distributing tokens. Second level was by giving their prescription books and registering in the registration book. Third level was to reduce the rush; a volunteer monitored the entry of the patients. 250 people availed the services of the camp.

Dental Section

This is the least availed section. This includes two types of checking. One was during the registration to know the weight, age etc and the further by the doctor. A dental kit was distributed by the doctor to the patients. All most whoever entered the camp availed the dental check up and received the dental kit and gone.

Gynecology Section

The patients went directly to consult the doctor. Patients discussed about the menstrual irregularity, white discharge and about the menopause to the lady doctor. They have been advised to take iron tablets, calcium and tonics etc. Many women have received the prescribed medicines from the camp and got benefitted.

Eye Check up

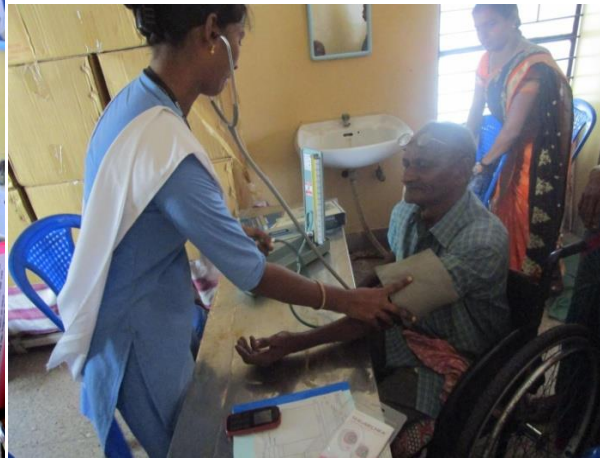
Most of the patients availed the services of eye doctor. In eye clinic, there were three levels of checking. In first level the staff will write their details and will make the prescription, then a doctor will check and then further cases will be referred to another doctor. Cataract Services were given main preference. The new technique co emulsification being suture less brings down more recovery.

General Check ups

Blood pressure, diabetics etc were checked under a separate section. Medicines were distributed to the patients. More than 250 patients have benefitted out of it. The medical camp got over by 1:30.



Blood pressure and sugar check up.









FIRST AID PROGRAMME

Date : 26th Feb 2020

Place : Mary Clubwala Jadhav Girls Higher secondary School, Egmore

Time : 3.00 pm to 4.30 pm

Trainer: Rtr. Tarun Murugesh

Trainees went through various steps to implement the project through the education method of Community Organization. All the steps have been described below:

1) Study –Analysis-Assessment

Problem statement :

- Unawareness among the Students & community about the importance of basic first aid to save some one's life.
- Wrong practices among the people at the time of an emergency(educate 'what not to do').
- A situation where people becomes onlookers(focusing on what to do).
- Misconceptions existing in the community with regard to the first aid practices.

a) Observation :

- b) There were 3 incidents that paved the way for the trainees to think about basic first aid education for the students. One day trainees saw that bringing down a student who had fainted by a huge group of students and handing over to the girls home as she is an inmate over there. Immediately one vehicle came and she had been shifted to the hospital. When asked to the students, trainee found that they haven't done any first aid with regard to the fainting and also told that this is what they are doing every time when they finds someone with fainting, wheezing, or with seizures etc.

Next incident was the attack of wasps in the school to the cleaning staff and students . Other than the description of students, trainees witnessed one of the cleaning staff is attacked by wasps and suffering from the pain. Trainee found that others are applying chalk piece to her arm where she got the wasp bite. It also showed the unawareness with regard to basic first aid.

Trainees could also got a chance to see the almost empty first aid box of the school, and understood the need to refill it.

c) Survey :

Inorder to assess the knowledge level among students trainees have prepared a 20 item self- prepared questionnaire which consists of 20 different situations and their responses as yes/no, and also to explain if the response is yes. As per the permission from school authority trainee have conducted survey among the 40 students of 9thstd and it was found that 88% of the total population wants to learn first aid and only one person knows what does basic first aid means. With regard to the situations ,22% knows what to do for when foreign body in eyes are found. Other than that all the students unaware about proper first aid.

- ❑ Beneficiaries : School students,& Parents and teachers.
- ❑ Location : MCJ Girls School, Egmore& Study centre ,Mangalapuram.

2) Discussion

After the assessment based on the observation& survey trainees presented the results among the faculty supervisors and school authority. Trainees also submitted the request letter to conduct a first aid education session for the students, teachers and parents .

After reviewing the need and assessment results, and also considering the available dates trainees got the permission to conduct the programme on 26th Feb 2020.

- How will it make a difference to the beneficiaries?
1. It will help to reduce/erase the existing misconceptions about the concept of first aid in the community.
 2. It can be helpful for the people to act promptly in an emergency situation.
 3. Knowledge in basic first aid promotes community members to prevent the worsening of a situation and help the victim ,till the medical professional arrives.

3) Organization

After getting the available date, a huge task before the trainees was to mobilization and organization of human, financial and material resources. Trainees have contacted the first aid trainer Rtr. Tarun Murugesh(All India Life Saving Society) and blocked the date& discussed about the trainer fee. Trainees also visited the students and asked them to bring their parents for the programme as well as informing the teachers to remind about the event and participate without fail. With regard to the venue, school authority had provided a projector lab for the event.

Team Everest, an NGO working in the field of education agreed to fund for the programme as a part of their '**Change Makers**' project.

So , that trainees have arranged first aid box that has to be handed over to the school , notepad& pen to the students, refreshments, instrument box to the students, first aid manual to the school , banner& invitations, other miscellaneous items needed for the event with the 'Team Everest' sponsorship .Once the organization of resources had completed , trainees invited the college& school authorities, sponsors of the event , Guild of service etc to the event .

Objectives of the project :

4) Action/Implementation

On 26th Feb 2020, trainees have arranged all the things and refreshments needed for the event in the venue as well as confirmed the arrival of trainer and other invited dignitaries and also the students-parents-teachers.

By 3.00 pm programme started with Tamil Thaivazhthu by the students followed by the welcome address of Dr.Amuthalakshmi(Faculty, MSW(A),Madras School of Social Work).

Soon after that the trainer Rtr. Tarun Murugesh along with his interns directly entered into the session with the demo equipment. The session was more of a kind of interactive where the students and other participants are encouraged to ask questions and motivating them to do tell their views& awareness with regard to first aid.

The following contents were discussed in the session to make the participants aware about basic first aid.

- What is First Aid??!
- The importance of First Aid Techniques & Principles.
- How to use a First Aid Kit/ Substitute when you don't have one!
- The need to get trained and certified!!!!
- Video's – Lifeguarding & CPR-Cardio Pulmonary Resuscitation.
- Real life experiences of saving lives in, on, and near water.
- **CPR Demo – Infant, Child & Adult.**
- Practice sessions by participants and audience -5 trainees.
- Recovery Positions.
- 'Fun sessions' – Bandaging, HOH-Hand Over Head, Shoulder splints, Carries.
- Snakebite, Open fracture, Asthma, Seizures,fainting
- Practical sessions to deal with bleeding, choking and head injury.
- Mobile Safety, Road Safety, Water Safety discussions.
- Session concludes with interactive feedback.
- The Safety Oath & Responsible Citizen Pledge.

After the session , trainer had handed over the first aid box& manual to the Headmistress, which was followed by national Anthem at the end. The students of 9th standard were also offered by the certificate of participating in the vent which will benefit for their career in future. The oral feedback after the session showed how positively it had impacted the participants to a great extent. Trainees also provided refreshments to the students and other participants. There were 143 participants including the students, teachers and parents. The session

got over with a group photo at 5.30 pm. On a nutshell ,the event was a grand success.

5) **Evaluation**

Inorder to evaluate the impact trainees have conducted an evaluation session for the students by asked them to write it on a sheet. It was found that all the students got insights on what to do 7what not to do in an emergency situations. Following are some of the feedback which shows the after effects of the vent on the students and their life.

- “we are going to pass these informations to our family& neighbors too”. – S.Sandhiya,IX
- “ I have shared these informations to my mom and it was really informative for her. She asked to convey her thanks to the organizing team” .- B.Nivetha,IX
- “ I didn’t responded to accidents happening in roadsides. After this first aid class, I started observing the situation and thinking whether I can do any help for others in those situation”.
- Sharan Priyanka,IX
- “ I would like to get more sessions regarding first aid, and I have suggestion to do it for other schools also”.
-M.Subhulakshmi ,IX
- “ Even I could learn the importance of an ID card in an emergency situation”. – R. Madhumitha, IX
- “My parents were really happy for attending this programme”.
-R.Dhivya,IX
- “ I found it helpful to know the emergency numbers”.
- M.SreeVeeralakshmi,IX
- “ I have faced a situation in which my brother got chocking. Only because I have attended the programme, I could do the first on that moment. Thanks a lot for the team”.
- D.Lavanya,IX

Outcome received :

- ✓ Educated the younger as well as the older generation about the basic first aid.
- ✓ Generated awareness in the community to reduce the misconceptions about the concept.
- ✓ Helped the people to preserve life& prevent illness or injury from becoming worse.

Other than the students, the feedback received from the school authority and teachers were also encouraging for the trainees. Teachers expressed their wish

to get another session for them in detail. Trainer also asked the trainees to conduct a session for teachers on women's day for free. This itself shows that the beneficiaries have identified the importance of basic first aid and the need to learn it.

As a part of fieldwork, trainees have also conducted an awareness session on basic first aid in Study centre, Mangalapuram which is an extension of Guild of Service, on 12th march 2020. There were 40 students who are from the classes up to 9. Trainees were arranged the simple topics which can be graspable for the youngsters like snake bite, poisoning, nose bleed, animal bites, epilepsy, wheezing, fracture, introducing first aid box and wounds. Trainees have also taught the students the correct method of hand wash. After the session trainees have handed over the first aid kit along with hand wash solution to the care taker of the study centre. Trainees have also provided refreshments & instruments boxes to the students.

Total expense for the project : Rs. 19,043/-

Total beneficiaries : 183 (including students, teachers and parents)







Motivational seminar

Resource person:

**Mrs. Prabha Rajan(certified trainer& consultant, Elysian
inspires)**

Date : 27th Feb 2020

Venue : Study Centre, Mangalapuram

Time : 5.00 pm to 6.30 pm

“If you can dream it, you can do it” ! - Walt Disney

Trainees have identified the need of motivation among the students to study well and achieve their dreams. After the continuous search for a resource person, trainees could able to find out a potential resource person ,Mrs. Prabha Rajan (certified Career consultant, Elysian Inspires).Trainees focused on students as well as their mothers to be a part of this programme, and asked the students to attend the event without fail soon after confirming the date.

The session was organized in a manner which incorporated video based- story-interactive session. Speaker have prepared a video in which story of 2 frogs , A chained elephant, and animated life story of athlete Usain Bolt included. Through the story of 2 frogs , speaker spoke about how to come out from the comfort zones &importance of hard work. She had portrayed about the hurdles before the students in achieving their dreams and need to overcome through the story of Chained elephant. Animated story of Usain bolt had drew a real life example of achieving the dreams by overcoming the challenges.

Other than the medium of presentation, the highlight of the event was the sharing of real life experience by the trainer herself. She explained about her past life in which she had suffered of her physical difficulty and the demotivating attitude of the society. She have started walking only after the age of 10 and undergone several surgeries. People around her told her that she can't do anything with her physical situations and she needs someone's help. But in spite of all the negative comments she received , she achieved everything which the society told she can't. She studied really hard, achieved degrees in different subjects, worked in a good position ,and presently the so called 'physically challenged' by the demotivating set of people ,is owning 3 companies and mother of 15 year old girl.

It was found that after hearing the story of speaker, the students and mothers were very energetic and hopeful. Mrs. Prabha have also conducted an interactive session with the participants during the session and after , in which it helped them to identify their hurdles and strengths in front of achieving their dreams. Mothers were also actively participated in the interactive session.

Dr . Amuthalakshmi(Faculty ,MSW(A)) ,in charge of Study centre delivered the vote of thanks and handed over a token of gratitude to the speaker. There were 41 participants in total including the students and mothers. Trainees have also provided refreshments to the participants . The programme came to an end by 6.30 with final group photo session. To sum up, the motivational seminar was really impactful for the target group.





Dr.P.Amuthalakshmi

9282112019

amuthalakshmi@mssw.in